

Wednesday, 18 September 2024

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(10.00 am)

(Proceedings delayed)

(10.19 am)

THE CHAIR: Good morning, everybody.

MR GRIFFIN: Thank you, Chair. Today we continue to hear commemorative and impact evidence. As I've said every morning and I will repeat every morning whilst we hear this evidence, we will be hearing about some distressing and difficult matters and I refer again to the emotional support service that is available. It's run by the Inquiry's chief psychologist. Counsellors are present here today. There's one at the back -- if she would just put her hand up -- wearing a black lanyard, so please feel free to speak with her and her colleague. Information about further services, including for those watching by the live link, is available on the support services page of the Inquiry's website, lampardinquiry.org.uk or by asking a member of the Inquiry team. We're wearing the purple lanyards. As I've said before, we want all of those engaging with the Inquiry to feel safe and supported.

May I ask, Chair, that Alan Oxton come to the table, please?

THE CHAIR: Good morning, Mr Oxton.

1 MR GRIFFIN: Alan will be speaking about his father,
2 Stephen Oxton, and may I ask that the photograph is put
3 up?

4 MR OXTON: Morning, everyone.

5 Statement by ALAN OXTON

6 MR OXTON: My dad, Stephen Alan Oxton, died in The Lakes on
7 1 April 2012, when he barricaded himself in his own room
8 and hung himself. My dad was born on 1 November 1958 at
9 St Heliers Hospital in Sutton. He emigrated to
10 Australia in 1961, travelling on board the
11 SS Strathaird. He moved around Australia with his
12 family, living near to Brisbane and Adelaide, and as
13 a young child he brought up an orphan baby kangaroo
14 called "Joey".

15 My dad moved back to London in 1971 and wanted to
16 support a local football team. He decided to support
17 Arsenal as they were in the FA Cup Final at the time.

18 In 1974 my dad met my mum, Julie, who he later
19 married in 1987, and they moved to Colchester. My dad
20 followed in his dad's footsteps by becoming a removal
21 man. He worked for various companies, such as Pickfords
22 and Bishops Move, and would regularly travel overseas
23 for weeks at a time. I really enjoyed the school
24 holidays where I could go away with him in his lorry
25 overseas.

1 When he was home, he would take me to watch Arsenal.
2 We would get there early into the ground and stay late
3 so we could try and get autographs of players either
4 warming up or leaving the stadium. He would also watch
5 me play football. He enjoyed collecting Arsenal
6 programmes as well as model lorries.

7 One of my favourite memories was taking him to the
8 stadium tour for Christmas, being hosted by a player
9 called Charlie George, who scored the winning goal in
10 the FA Cup Final in 1971, which he returned from
11 Australia to watch.

12 In January 1998, a few weeks after spending
13 Christmas with us, my grandad, my dad's dad, was stabbed
14 to death in London following a disagreement in a pub.
15 The landlord of the pub which he was drinking in
16 referred to my grandad as "the gentle giant" in the
17 media, a trait my dad also shared. I remember on one
18 occasion a friend of my grandmother was struggling
19 financially and my dad decided to buy two weeks' worth
20 of groceries to ensure that she didn't go without.

21 At the time of my grandad's murder, my dad was in
22 Germany for work and had to be flown back to the UK.
23 The death of his own dad had a massive impact on my own
24 dad and the dad I knew and loved had changed. My dad
25 suffered with PTSD and depression -- it went back to

1 identifying the body of his dad post-murder -- and was
2 seen by the Trust between 2000 and 2009.

3 His own mental health was the primary reason why my
4 parents separated and then divorced in 2000, resulting
5 in myself being the primary carer for my dad until his
6 death. My dad spent a significant portion of time
7 trying to keep his dad's killer in prison. One morning
8 we woke up to the news that he had suffered
9 a heart attack in prison. I thought this might allow my
10 dad to move on and, as a result, I might get
11 a proportion of my dad back. However, his mental health
12 deteriorated further and he tried to obtain treatment
13 from the Trust in 2010 and again in 2011, but these
14 cries for help were both refused. It took my dad to
15 attempt to take his own life in 2011 before the Trust
16 would re-admit him for treatment. My dad then tried to
17 take his own life on two further occasions, again in
18 2011 and in 2012.

19 On the morning of 31 March 2012, I was asleep
20 following a nightshift. I received a voicemail from my
21 dad, of him screaming down the phone saying he wanted to
22 kill himself. He was taken by police to Shannon House,
23 Harlow, after he tried to take his own life on the
24 railway tracks. He was subsequently transferred to
25 The Lakes in Colchester.

1 At the time I lived in Manchester and was intending
2 to travel to Essex to ensure my dad received the
3 adequate care he deserved. I recall being told by staff
4 at The Lakes on the phone that he was in a place of
5 safety. Due to this reassurance and having travelled at
6 short notice before on previous suicide attempts and
7 incidents, I decided to stay and work my last nightshift
8 before travelling back down to Colchester the next day.

9 The next morning I was getting a few hours' sleep
10 after my nightshift before travelling to Essex and
11 I received the call from my dad's girlfriend telling me
12 that he has taken his own life and that he is being
13 rushed to A&E. I realised my conversation with the
14 staff in The Lakes where they reassured me that he was
15 in a place of safety was a false reassurance. I feel
16 utterly betrayed and devastated by the realisation.

17 During the internal investigation by the Trust, it
18 became apparent that at least one staff member at
19 Shannon House had lied, with staff members providing
20 conflicting reports how it came to be that my dad had
21 access to his belt which he had used to hang himself.
22 There were other concerns and issues raised by the panel
23 conducting the investigation. I understand that the
24 Inquiry will consider this evidence later, but I want to
25 describe the effect that not knowing the full truth has

1 had on my own mental health.

2 The truth surrounding the details of my dad is
3 something I feel I need to be able to achieve some kind
4 of closure. I obtained a copy of the report from the
5 panel who conducted the internal investigation. The
6 investigation provided more questions than answers and
7 identified multiple failings in his care. I fail to
8 understand why they did not seek to obtain the truth at
9 the time of the internal investigation, with a sense it
10 was to protect the Trust from scrutiny and any
11 adversity. This has resulted in myself having little
12 faith and trust when under care for my own mental health
13 by the Trust.

14 The day after my dad took his life, my dad's
15 girlfriend went to The Lakes and questioned staff about
16 why he had been left unsupervised with opportunities to
17 ligature. She was told by staff that he would have
18 killed himself in another way if not this particular
19 way. I was horrified when she told me about this, the
20 callous excuse for the staff's failures. I felt as if
21 they did not care whether my dad lived or died.

22 There was an inquest which returned a narrative
23 verdict, which stated that there were multiple failings
24 by the state to protect my dad, which contributed
25 towards his death. I understand that these details will

1 be considered later by the Inquiry, but I want to say at
2 this point about the hollow feeling I felt when I saw
3 everything confirmed in writing by the coroner. Three
4 failings were mentioned and each one felt like a body
5 blow to me.

6 The death of my dad has left a catastrophic effect
7 on my own life, with each one of his four suicide
8 attempts having a profound effect on my own mental
9 health, worsening each time before his eventual suicide
10 on the fourth attempt. This has resulted in myself
11 having suicidal thoughts and still taking
12 anti-depressants, which I started taking two months
13 after his death and still take today. I have been
14 prescribed four different types of anti-depressants over
15 the years. Each anti-depressant has gradually increased
16 to the maximum dose until I have found no benefit and
17 then had to change to a new one.

18 I have had multiple courses of treatment for
19 depression, the prime focus being my dad's death and
20 having suicidal thoughts myself. I have been treated as
21 an outpatient by the Trust for mental health in 2013,
22 then by another mental health service, Suffolk, in 2017
23 and 2018. In 2019 I sought private treatment, where
24 I was diagnosed with recurrent depressive disorder. The
25 most recent occurrence of depression started

1 in April 2023, last year, resulting in treatment from
2 the Trust which only ended last month, in August 2024,
3 so I'm still struggling today.

4 In addition to the medication and mental health
5 treatment above, between 2012 and 2017 I regularly
6 attended a support group called "Survivors of
7 Bereavement by Suicide" on a monthly basis. At the time
8 of my dad's death I was living in Manchester with my
9 girlfriend. The subsequent deterioration of my own
10 mental health caused this relationship to end eight
11 months after his death. I have since struggled to open
12 up in relationships and instead have been very
13 withdrawn, resulting in difficulties with girlfriends,
14 family and friends.

15 I have been through two police investigations,
16 directly after his death and the other, corporate
17 manslaughter with other families, private litigation
18 against the Trust and the HSE investigation. All of
19 these investigations and legal proceedings, I am still
20 none the wiser to what actually happened on the days in
21 question and call for this Inquiry to establish the
22 facts for myself and the other families who have
23 suffered and to stop more preventable deaths in the
24 Trust's inpatient facilities.

25 At the end of each investigation I say to friends

1 and family, "This is my last time I will be
2 a participant in an investigation due to the negative
3 impact it has on my mental health as I have to relive
4 the whole thing again". However, as each investigation
5 has never identified and established the truth around my
6 dad's death, I have always returned to join the next
7 investigation, to relive it again. I hope this Inquiry
8 will establish the truth in regard to my dad's death and
9 all the other families who have lost loved ones so they
10 do not have to go through the trauma of another
11 investigation to seek the truth about their loved ones.

12 MR GRIFFIN: Could you put up the remaining photographs,
13 please?

14 (Images shown)

15 That's the last photograph.

16 MR OXTON: Thank you very much.

17 THE CHAIR: Thank you very much indeed, Mr Oxton.

18 MR GRIFFIN: Could I ask that another chair is added to the
19 table, please?

20 Chair, we'll now hear Martha Gaskell read her
21 commemorative account about her daughter, Marion Turner.
22 Sitting next to her will be Priya Singh, her legal
23 representative.

24 MS GASKELL: Good morning.

25 THE CHAIR: Good morning to you. Thank you for coming.

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Statement by MARTHA GASKELL

MS GASKELL: Marion, also known as "Maz", was my first-born child. She was born to me and her dad, John, on 25 November 1972 at Colchester Military Hospital. Marion taught me a lot about how to be a parent but also how to be a mum. It was a happy time for our small family. Marion was a happy baby and was always smiling but at times was a very sickly baby. When I look back over my three other children's milestones, I realise that Marion did a lot of her first milestones quite early. She walked early and potty-trained early.

Marion's dad was in the army and luckily got to spend time with her in the first few months of her life. When Marion was five months old, he was deployed on a tour of Northern Ireland and, not long after arriving there, I got the dreaded knock on the door and told he had been injured by a bomb blast. I was then supported by army personnel, who flew with me to be at his bedside in Northern Ireland, but sadly, not long after, while at his bedside, he died.

As a young widow at the age of 17 and no family member to support me, this was a very difficult period and changed my life forever. It was just me and Marion for a while. Looking back, I wonder how I did it, but I did. It was difficult bringing up a baby on my own as

1 well as trying to grieve and it's not till years later
2 and maturity I realised how difficult this would be for
3 me.

4 Within 90 days of my husband's death we had to move
5 and start a new life away from the army and all I knew.
6 I don't recall how I did it, but we had to move from our
7 married quarters to a civilian house on our own and
8 start the next chapter of our lives.

9 Two years later I met a new partner and had
10 a daughter and called her "Melanie". Both Maz and Mel
11 were very close. I used to love to dress them in the
12 same clothes and would always get asked if they were
13 twins. They loved playing grown-ups in their dolls'
14 houses and being mummies to their dolls, taking them in
15 their prams for walks in the garden. Both Marion and
16 Melanie went to King's Ford Primary School in
17 Colchester.

18 As a young child, Marion was happy and enjoyed going
19 to the park, especially feeding the birds at
20 Castle Park. She also enjoyed swimming. My older
21 sister had a son and on occasion we would take the
22 children to Walton or Clacton for the day out.

23 My mother also used to spend a lot of her time in
Walton,
24 in a caravan, and several of her grandkids would get to
25 spend time with her at the seaside, going on the

1 amusements, swimming in the sea and, as they got older,
2 playing pool.

3 Marion took an interest in majorettes so I got her
4 enrolled in the classes and she joined a majorettes
5 team, which involved taking part in many of the
6 routines. I remember on one occasion she was in
7 a parade marching through Colchester town centre in her
8 uniform, which was a white skirt and blue top. I was so
9 proud of her.

10 In 1979 I gave birth to my third child, a boy, who
11 I called "Michael". Marion would have been seven when
12 he was born and she loved her little brother. They had
13 a lovely sibling relationship and Marion was a very
14 caring, loving little girl, who took to being a mummy to
15 her little brother like she was with her dolls, but now
16 she had a real-life baby to play with. We enjoyed
17 again, as a family, going to different places and trips
18 to the zoo and amusement parks. Marion loved being
19 a big sister and would spend a lot of time doing family
20 stuff together.

21 While living in Colchester, we lived in walking
22 distance for Marion to attend her high school with her
23 friends. When Marion started Charles Lucas
24 Comprehensive, she made lots of friends, one in
25 particular who stayed in contact for many years, after

1 they both became mums themselves. Over the years
2 I heard from her childhood friend, who tells me the
3 stories about Marion and how they used to compete with
4 each other over different things, like their hairstyles,
5 boys and things in general. The one thing Marion's
6 friend said stood out and what they laughed about was
7 how Marion still sucked her thumb, something I knew
8 Marion did well into her adulthood, when she was a mum
9 herself.

10 She talked about how sporty Maz was and how she
11 would win cross-country sports and was also ahead of
12 everyone. They would have a lot of fun and memories as
13 kids. While attending Charles Lucas, Marion showed an
14 interest in netball and played goal defence. She loved
15 the game and played for her county. She also enjoyed
16 lots of various sports. Marion's younger sister, Gemma,
17 is also very sporty and she took part in cross-country
18 and also loves netball and played for her county. Gemma
19 spent a lot of time growing up with Marion.

20 In 1983 I met and married a soldier. On the day of
21 our wedding Marion would have only been 11 or 12 and
22 took it upon herself to ask her stepdad if she could
23 call him "Dad". This meant so much to her as she never
24 knew who her dad was as he had been killed at a very
25 early age and she was too young to know who he was and

1 I think she missed that role of a dad in her life. We
2 moved away from the area we lived in at the time when
3 she was able to walk to her school.

4 Getting married to a soldier enabled us to live in
5 army accommodation in Colchester, which meant moving
6 away from her friends, but she was able to get a bus
7 from our new home to allow her to stay at the same
8 school and keep in touch with those friends. As a child
9 of a military family, I knew how difficult changing
10 schools would be on her. I moved all over the world
11 with my father and it did not help me academically.

12 In 1986 my ex-husband's regiment was posted to
13 Fallingbostal in Germany. Marion would have been 14 and
14 it would also have been a difficult time for her, moving
15 schools at that age. Not long after arriving in
16 Fallingbostal I found out I was pregnant and gave birth
17 to Gemma, who was going to be my last child.

18 Living in Germany was so different for us. We went
19 camping, we went to safari parks, boats in lakes,
20 outdoor swimming pools, barbecues and so much more. It
21 was a different way of life in a different country,
22 something we were all new to.

23 We were based in Germany for six years. Marion
24 attended Gloucester High School in Hohne. It was
25 another hour's bus journey to her school. She did enjoy

1 school and she came away with her GCSE exams
2 successfully. She made friends as most of the friends'
3 parents were the same regiment as our family.

4 After leaving school, Marion got a few little jobs.
5 She would go out socialising with her friends and went
6 on to meet a boyfriend who was a soldier. She was happy
7 and they would spend lots of time together. As a big
8 sister, she would take Gemma out with them. Marion got
9 a job in the army cookhouse where her boyfriend was
10 a chef and they spent a lot of time together inside and
11 outside of work and got engaged while we, myself and her
12 stepdad, were on leave in the UK, which was a big
13 surprise to us, but she seemed very happy. They spent
14 a lot of time together. They would just enjoy time
15 going to the safari parks and enjoying life together.

16 With all Marion's siblings, she was very motherly
17 towards them all. It was something I saw in her from
18 a young age, while growing up, and it was also in her
19 nature to be kind and very caring. She was meant to be
20 a mum. As a young woman, Marion would spend a lot of
21 time socialising with me and her stepdad as after
22 leaving school she lost friends and was mostly friends
23 with my friends. I think this is the bubble we lived in
24 as the army family. Everyone knew each other. Her
25 partner was in a different regiment to us and would be

1 away a lot, so when he was away, her time was spent with
2 us.

3 My husband and her boyfriend were deployed for
4 a minimum of six months to Iraq. This was a war zone so
5 was a very worrying time for both of us as we didn't
6 know what was happening over there. We just had each
7 other and other family members to support us. On their
8 return from Iraq, I don't recall how long it was, but
9 Marion and her boyfriend got married. This was in the
10 army garrison church in Fallingbostal. It was a lovely
11 day and a lovely wedding. Marion would have been 19
12 when she got married.

13 Not long after they married, my husband's regiment
14 was posted back to the UK, leaving Marion on her own --
15 well, it felt like I was leaving her. We arrived in
16 Germany when she was 14 and we were leaving her there as
17 a wife to start her new life as a married woman. Within
18 a year of us leaving, Marion got pregnant and had her
19 first child. I recognised, when talking to Maz on the
20 phone, which we did daily, that she was struggling but
21 was not sure what was wrong. I felt I needed to fly
22 over to be with her and the baby, which I did. Marion
23 was diagnosed with PND and was struggling, so I stayed
24 in Germany, supporting her and the baby. She was an
25 amazing mum and I always used to tell her she was the

1 best mum and a better mum than I was, and I used to
2 remind her of how good she was as she doubted herself.

3 I spent a lot of time with Marion and her son and
4 she seemed to get back on her feet, so I returned to the
5 UK. I made several more visits to Marion and the
6 children.

7 Three years later, Marion and her family had moved
8 back to the UK and she gave birth to twin boys. Again
9 she was diagnosed with post natal depression. Being an
10 army wife, the majority of the time you're a single
11 parent as your husband spends a lot of his time either
12 on exercise, tours of duty or deployed to war zones. As
13 a mother and wife you're left to cope a lot of the time
14 on your own.

15 As a wife of a soldier, Marion, married for
16 22 years -- Marion and the children had to move to so
17 many different parts of the country as well as abroad
18 when her husband had to. Some of the places she moved
19 to were Tidworth, Yorkshire, Catterick, Colchester,
20 Northern Ireland and Germany several times.

21 As Marion got older, she found it difficult to make
22 friends as she didn't find it easy. Her family were her
23 world. She did everything for her children. From an
24 early age she was very creative and this showed with her
25 children. She would always cut all her children's hair,

1 make them costumes for fancy dress, loved playing quiz
2 games with them. She loved baking and also won a prize
3 for cake decorating.

4 Five years after the twins were born, Marion gave
5 birth to a long-awaited daughter, Shanice, the baby girl
6 she was desperate to have. She also knew this was going
7 to be her last pregnancy.

8 Marion was so loving, devoted and loyal to her
9 family and friends. Her children were her world and
10 what she lived for. Marion had a lovely relationship
11 with her family. You knew Marion loved you as she
12 showed it so much, even if she was not happy with you at
13 times. I can honestly say she was the kindest person
14 you could ever wish to meet and would do anything for
15 anyone.

16 Marion got posted to Northern Ireland with her
17 husband, a place she didn't really want to go to as it
18 carried memories of her dad's death, especially as she
19 was stationed at Palace Barracks, where there is
20 a memorial garden for soldiers killed in action. It was
21 there that Marion had arranged with the military to have
22 a service for her dad and she lay a stone in his memory.

23 While in Northern Ireland Marion's husband went to
24 Afghan. She was struggling and she phoned and asked if
25 I would come over. I flew to be with her when she was

1 in Ireland as again she was on her own. At the time
2 Marion worked for the local authority and her job was
3 a lollipop lady. She seemed in her element, talking to
4 the kids every day.

5 Marion did not have much time for herself, bringing
6 up four children, and when she did have time, she liked
7 keeping fit and she would go through different stages of
8 either running or joining a gym. She needed something
9 for herself.

10 Wherever Marion was in the world with the army, we
11 would always visit each other; more so me as she had
12 four children and it was easier for me to travel on my
13 own.

14 Both Marion and myself were married to soldiers and
15 lived in different parts of the country so there were
16 times when she wasn't able to get to family
17 celebrations, but she was able to make her youngest
18 sister's 18th birthday and my 50th, which I have such
19 fond memories of. Marion and I spent a lot of our time
20 socialising with my friends when she visited me with the
21 children.

22 Further information about Marion's mental health
23 problems: the first time I had an insight into Marion's
24 mental health affecting her is when she gave birth to
25 her first son. Many times over the years while they

1 lived in Germany there wasn't a day when I didn't
2 receive a call from her. I knew and I could hear she
3 wasn't mentally well. I was so worried, so I would go
4 over and spend time with her and the children. It was
5 difficult for me to keep a check on how she was doing as
6 we lived in different parts of the country and she was
7 trying to get on with her life with four children.

8 Maz moved to Northern Ireland, and not long after
9 arriving, when her husband was sent to Afghan, again she
10 was on her own and, I feel, very vulnerable and in
11 a strange place. I received a call from the army
12 welfare with concerns that Marion's mental health had
13 escalated and she had been admitted to a hospital in
14 Ireland. So I flew straight over and arrived at the
15 hospital to see my daughter looking so ill.

16 I was concerned they were going to discharge her.
17 I begged them to admit her as I was worried that she
18 would be discharged. Finally she was admitted to
19 a mental hospital for a few months, where she was
20 sectioned several times. I didn't want to leave her as
21 I was not happy with how she was. This was very
22 frightening for me as her mum as she just wanted to die
23 and I couldn't help her or stop her from feeling that
24 way.

25 Before moving to Colchester, Marion was living in

1 Ripon. She had a psychiatrist and was under a mental
2 health team. She was working at the time and wanted to
3 stay in Ripon as she felt her mental health had
4 stabilised and it had helped that she was working. Her
5 husband put in for a posting to Colchester as it was the
6 end of his army career.

7 Over the years I knew Marion's mental health was
8 affecting her life. There was times she was functioning
9 and she was employed. It is when they were posted back
10 to Colchester that I noticed Marion's mental health
11 worsened and she didn't seem to have many periods of
12 stability. I dreaded the phone ringing. She was
13 admitted many times to the mental health facilities in
14 Essex. It caused me to be very worried about my
15 daughter. I feel very strongly, with my involvement
16 into Marion's care, that she did not get the care she
17 needed.

18 THE CHAIR: Would you like to take a break?

19 MS GASKELL: My beloved daughter, Marion, died by hanging at
20 her home on 18th of the 1st, 2013, whilst under the care
21 of Essex Partnership University NHS Foundation Trust.
22 I was working for the military at the Queen Elizabeth
23 Hospital. At the time I had just finished my shift and
24 gone home. I got a knock on the door. At the time
25 I thought it was my colleague coming home from work.

1 I went to answer the door and just walked away from the
2 police, who were stood at the door. I didn't think they
3 were there for me but also felt like I didn't want to
4 hear what they were going to tell me, having had a lot
5 of involvement with the police because of Marion's
6 mental health.

7 All I remember is, on entering my home, they told me
8 my daughter was dead. To this day I don't recall the
9 conversation they had with me. I was distraught and
10 couldn't believe what I was hearing. I was in profound
11 disbelief and shock. I travelled to Colchester the
12 night I was told Marion died. The following day I met
13 with the police family liaison officer and another
14 police officer. I was with my daughter, Gemma, and
15 a colleague from the army. The female police officer
16 was very abrupt with me and said, if I was going to be
17 defensive with her, she would end our meeting. The
18 reason she was abrupt was because I had said to her
19 I wanted to come down and identify my daughter's body.
20 She was not willing to wait for me to get there. The
21 police officer said that it had to be done straightaway,
22 which I later found out was incorrect.

23 Marion was separated from her husband and I did not
24 want my grandson to have to identify his mum as I knew
25 that would be a memory that would stay with him forever.

1 In the meeting my younger daughter had said to the
2 police officer, "My sister has died and you're speaking
3 to my mum like this". After a bit, things calmed down.
4 The police officer went on to say that when they were
5 called to the property and broke into Marion's house,
6 her house was really clean. He said Marion was a very
7 clean person. The police officer showed me physically
8 the position Marion was in when they found her. I was
9 so shocked and this has never left me. I gave Marion
10 a teddy while she was in hospital to hug, and when I now
11 sit it on my bed, its head falls to one side and all
12 I see is the position Marion was in when they found her.

13 It was not until the next day they allowed me to see
14 my daughter in the mortuary. I was so scared. There
15 was a police officer on the door. He did not speak to
16 me. When I went in, Marion had a long cloak on her.
17 She just looked asleep, like when I saw her in hospital
18 in Ireland, so I needed to cuddle her. And when I did,
19 the cloak came down a bit and all I could see were the
20 ligatures that had been left on her. I don't know why
21 I wasn't warned about this. Even now, seeing those
22 items remind me of the way she died, which I do
23 regularly as they're an everyday item, it takes me to
24 that horrible memory. Why did they not tell me or warn
25 me? Why? I do not want to have these images in my head

1 anymore.

2 The impact. In 2012, I was at
3 Staffordshire University, doing a degree, but with
4 Marion's mental health getting worse, I had to end my
5 course as I was not coping very well and needed to wait
6 until her health improved. I know how proud Marion was
7 of me as I was going to be a professional graduate as
8 a counsellor.

9 In 2014, at Marion's graveside, I told her that
10 I would do it for her as she had said how proud she was
11 of me and that I can do it. I enrolled at
12 Essex University that year. It was the most difficult
13 thing I have ever had to do, especially after losing my
14 beautiful daughter. My current counselling business is
15 in her name and I've a photo of Marion in my practice
16 room, looking at me when I see my clients.

17 I moved to Colchester after Marion's death as I just
18 felt I needed to be near her grave. After five years in
19 Colchester I moved back up north to be near my other
20 children and grandchildren. Leaving Marion was the most
21 difficult thing I have had to do. On returning to
22 Staffordshire, I started years of counselling and this
23 is still ongoing.

24 I was initially not able to say or hear the way in
25 which Marion took her life. I could not hear anyone

1 else use a particular word relating to how she took her
2 life. If the word was said, I would panic and it would
3 make me shake and feel sick. I was diagnosed with PTSD,
4 and only eight years after of therapy and breathwork
5 I was able to say how she died, although it still feels
6 uncomfortable in my body.

7 I have spent a lot of time being angry. I feel
8 frustrated, angry and very hurt that I was never
9 listened to as her mother. I was told to stop making
10 contact. All I wanted was my daughter to get help
11 I knew she needed and never got. Breathwork and therapy
12 is helping me and this is ongoing to this day.

13 When I was first diagnosed with PTSD, I couldn't
14 speak about Marion's death without crying and still find
15 it hard. I find it very difficult if I see a police car
16 and get anxious when I get unexpected knocks on the
17 door, especially when it's the police. I still can't
18 watch TV programmes if there's anything to do with
19 suicide on as it triggers lots of emotions. My
20 daughter's death has completely changed me as a person
21 and I will never be the same.

22 When I moved to Colchester after Marion's death,
23 I was finding a lot more out about failings into her
24 care by the Essex Partnership University
25 NHS Foundation Trust. I spent from 2013 to 2018 trying

1 to get answers as to why my daughter was failed by them.
2 I went to the papers. I had many meetings with many,
3 many professionals. I raised complaints that I was told
4 would be investigated but was never told of the outcome
5 or even if they were ever investigated. I was told by
6 one professional, "Things will happen internally but you
7 won't ever get to see or hear of it". Finally they told
8 me that they had brought someone in to talk with me that
9 was not from Essex Partnership. I still did not find
10 anything out. It was just a cover-up all the way
11 through.

12 My own mental health was being affected and I ended
13 up on medication. I had to make the decision to move
14 back up north as I felt I was never going to get the
15 answers I needed.

16 Marion was a beautiful person inside and out. All
17 she wanted was to be with her children and be happy and
18 well. There's a chapel in the cemetery where she's
19 buried, and after her death they put a photo of the
20 person that has died on the wall. Not long after Marion
21 died, my sister died, and the chapel staff told one of
22 their volunteers to put a photo of my sister next to her
23 niece, Marion. When the volunteer did, she recognised
24 Marion. I later found out that both the volunteer and
25 Marion had been inpatients at the same time in The Lakes

1 and became friends. The volunteer and her mum have
2 become good friends with me since Marion died. They now
3 clean Marion's grave for me when I'm away.

4 I have a letter from another patient detailing their
5 experiences and I hope this Inquiry will consider this
6 at a later phase of the evidence.

7 Marion's sister, Gemma, has written a small piece
8 that she wishes me to read on her behalf:

9 "My sister Marion was a very maternal, kind and
10 loving person who even loved looking after me when she
11 was a teenager and taking me out for days. She had the
12 biggest smile and loudest laugh. She loved to laugh
13 even through her struggles. I always felt so loved by
14 Marion. She had her struggles but that didn't take away
15 what a great mum she was and what a caring person she
16 was. I love her very much and I always will. Love her
17 little sister, Gemma."

18 I would like to read out the last Christmas card
19 I received from Marion in 2012. It reads:

20 "Dear Mum, Merry Christmas and a very happy new
21 year. I love you with all my heart and never
22 intentionally mean to let you down or seem like I don't
23 appreciate all your help and support because I do. It's
24 just hard at times. Next year is a new year and I'm
25 going to try my hardest to fight off whatever comes my

1 way. Hopefully 2013 will be a better year. I love you
2 and miss you and I couldn't be more prouder of you.
3 Lots of love, Marion [as read]."

4 18 days later she died.

5 Thank you.

6 MR GRIFFIN: We have a video to show.

7 (Video played)

8 And we have I think some photographs as well to
9 show.

10 (Images shown)

11 That's the last photograph.

12 THE CHAIR: Thank you very much indeed for telling us about
13 Marion. It was very moving. Thank you.

14 MR GRIFFIN: May I ask that another chair is brought up to
15 the table, please? Could we change the water as well?

16 Chair, in fact, may we take a break for ten minutes
17 at this stage and be back at 20 past 11?

18 THE CHAIR: Yes.

19 MR GRIFFIN: Thank you very much.

20 (11.10 am)

21 (A short break)

22 MR GRIFFIN: Chair, we will now hear the account of the
23 family of Barry Sargent. It will be read by Counsel to
24 the Inquiry, Rachel Troup, and Tracey Sesto and
25 Della Innocent, Barry's sisters, are sitting next to

1 her.

2 Statement by DELLA INNOCENT AND TRACEY SESTO (read)

3 MS TROUP: "Barry Gordon Sargent, 2 July 1970 to

4 6 April 2010.

5 "Our dear Brother/Son/Father/Grandad/Uncle/Nephew/

6 Cousin and Friend.

7 "Barry was born on the 2nd July 1970 and was a very
8 wanted adopted baby and precious addition to our family.

9 "Our parents had already adopted Tracey in 1965 and
10 Della in 1967.

11 "Barry was a red head with lots of freckles and we
12 recall him fondly loving his Raleigh Chopper bicycle
13 from a very early age.

14 "We have so many wonderful childhood memories of
15 Barry growing up, it is impossible to mention them all.

16 "Barry was a happy child and Della and Barry spent
17 many long summers off out on bicycles (the Chopper). We
18 took picnics with us and enjoyed the local countryside
19 where we grew up.

20 "Tracey recalls fun times on our triple swing set
21 in our garden and our mum taking us to Wrabness shore to
22 swim with the jelly fish.

23 "Later in life Tracey covered for Barry, dropping
24 him off at a nightclub in Frating and taking him
25 secretly to the coach station to go off and see Frankie

1 Goes To Hollywood.

2 "Our Dad kept vintage tractors and we spent many
3 years as children attending tractor rallies and country
4 shows throughout the summer months.

5 "Dad always referred to Barry as 'Barry bo bo fly'
6 and Tracey and I always felt he was the favourite! But
7 the reality was at that point he was the only son. Our
8 parents adored us all and we grew up in a working class
9 home with strict but very loving parents.

10 "We believe Barry felt as thankful as Tracey and
11 I at having been adopted by such special people.

12 "We all felt that it took very special parents to
13 nurture, guide and love other people's children in the
14 way that our parents have. Barry adored our wonderful
15 parents.

16 "We had wonderful summer holidays in Devon, Wales
17 and Great Yarmouth throughout our childhood and Barry
18 dressed up and entered competitions on the holiday
19 camps.

20 Christmas was a special family time, spent with our
21 Grandparents, Aunt, Uncle and cousins with lots of party
22 games and Barry always had a good appetite for all the
23 delicious food.

24 "We also had special times with our grandparents
25 every Sunday afternoon when they came for tea, which

1 Barry always enjoyed.

2 "In December 1980, our parents were blessed with the
3 arrival of their first biological son Andrew, a very
4 welcome addition to our family. We were all very
5 excited to have a baby brother.

6 "As a teenager Barry loved the TA ... which was held
7 in our local village and he had some good friends
8 locally on our estate that he used to play with.

9 "Barry always enjoyed family time, and eagerly
10 joined in at family gatherings, whether these were
11 christenings, birthday parties, and Della and Barry
12 celebrated their 18th and 21st together with a joint
13 party in our village.

14 "We have very fond memories of the closeness we
15 shared as children and this continued for us into
16 adulthood.

17 "Barry left the family home at the age of 20 and
18 moved to Colchester and shortly after he met the
19 mother of his two lovely daughters who he adored from
20 the minute they were born.

21 "Sadly the relationship broke down and contact with
22 his daughters at that time became difficult. But when
23 he was able to see his daughters, he would take them out
24 and bring the girls to our parents' home, he always
25 remained a very devoted Dad and adored his girls, they

1 were his world.

2 "Barry loved his girls spending time with their
3 grandparents and especially their cousins and it gave
4 him great pleasure to see them all playing together as
5 we did ourselves as children.

6 "As an adult, when he visited our parents, he loved
7 to take the girls and the dogs out over the fields.
8 They would walk for miles.

9 "At the end of 2009, as a family we had a wonderful
10 day celebrating Tracey's wedding. Barry was so proud to
11 be able to give a wonderful speech for his eldest
12 Sister. Tracey thankfully has video footage of the
13 speech as it's the last really happy memories we have of
14 Barry as sadly his mental health rapidly deteriorated
15 shortly thereafter.

16 "Barry was admitted to Colchester General Hospital
17 on 19th March 2010 following a tragic attempt on his own
18 life. Barry was assessed by a Mental Health
19 professional on the 22nd March and deemed fit to be
20 discharged. Later that same evening the Duty Doctor
21 advised the medical ward at the Hospital that Barry was
22 'at risk' and needed to be picked up by Police on
23 a section 136 of the Mental Health Act. Barry was
24 subsequently admitted to The Lakes ... on
25 22nd March 2010 as an informal patient. According to

1 the investigation into our darling Barry's death he was
2 let off the ward by a student Nurse with the consent of
3 the Nurse in charge at approximately 1.30 pm on
4 6th April 2010. Barry tragically took his own life
5 approximately one hour after he left the hospital. Just
6 after midnight a concern for welfare was raised to the
7 Police as no contact with Barry had been made.

8 "No goodbyes, no warnings, no letters. Barry was
9 clearly very unwell. To end his life at the age of 39
10 in the tragic way he did will always haunt our family.

11 "Barry was failed by services that should have been
12 able to help and protect him while he was suffering with
13 such poor mental health. Barry was after all in the
14 care of an acute hospital, where it appears to us he was
15 able to freely walk and tragically end his life. This
16 should never have been allowed to happen! Barry was
17 the life and soul of any party, adored his daughters,
18 parents, siblings and extended family.

19 "Following the investigation into Barry's death, we
20 were advised that there had been no failings in his
21 care. We believed that. Barry's coffin was closed. We
22 were not allowed to see him because of how he had died.
23 We were not able to say goodbye.

24 "Barry lives on in his beautiful daughter Hannah,
25 who not only looks so much like him, but has so many of

1 his characteristics. But it breaks our heart that he
2 sadly never got to meet his grandsons.

3 "We will always be your voice darling Barry, and you
4 will always be in our hearts."

5 Chair, there is now a second account from Barry's
6 daughter, Hannah:

7 "Well where do I start!

8 "I have the most amazing precious memories of my dad
9 and I wish I was able to have made a lot more especially
10 him with his gorgeous grandchildren.

11 "He was always happy when I was with him, someone
12 who would always say hello to people passing. He was so
13 warm and loving, nothing was ever too much, the bond
14 I've always felt with my dad is incredibly strong,
15 unbreakable no matter what we went through.

16 "My dad was massive on family. When I went to visit
17 we would always go and see our nana and grandad,
18 aunties, uncles, cousins and great auntie and uncle, we
19 always had the best time playing lots of board games,
20 laughing, joking and messing around.

21 "We often went for nice long walks and over to the
22 park, we would spend ages just playing on the climbing
23 frame and swings, my nana and grandad had a little park
24 just near to where they live. It had a massive seesaw
25 in it. Dad always used to be on one side and me and my

1 sister on the other, we would go so high. I always
2 remember smiling.

3 "Dad liked to treat us when we were with him
4 whether that be sweets, a new game or something ... to
5 wear. I remember dad bought me the best gift in the
6 world, my little monkey. He is the cutest monkey in the
7 world and I still have him now. My boys protect him
8 every night and they know how precious he is to me. Me
9 and my boys would always grab little monkey when we
10 spoke about dad, as if dad was my little monkey he can
11 still be with us.

12 "Cuddled up to dad on the sofa watching 'who wants
13 to be a millionaire' they were the best evenings, all
14 safe, cuddled up in dad's arms trying to be
15 a millionaire. (I miss this).

16 I know my dad was adored by everyone and he adored
17 them all too, there wasn't one bad bone in his body, he
18 thought a lot of everyone that came into his life,
19 I just wish he knew how much he meant to me.

20 "Dad would have been the best grampy ever just like
21 he was the best dad, my 2 boys would have adored him.
22 I just wish he had had the chance to have been able to
23 make memories and meet his grandchildren but
24 unfortunately this couldn't happen. He was failed, let
25 down. He should have been safe where he was, but this

1 will give her opening statement after the impact
2 evidence.

3 THE CHAIR: I understand. Good.

4 MR GRIFFIN: May I ask that the photograph is put up,
5 please?

6 MS FRASER-WARD: Chair, thank you very much for letting me
7 give evidence today.

8 Commemorative statement by LYDIA FRASER-WARD

9 MS FRASER-WARD: So Pippa Whiteward, born
10 Philippa Fraser-Ward, in January 1980 was an
11 intelligent, funny and beautiful young woman who died
12 tragically young, aged only 36 years old, after taking
13 her own life in October 2016.

14 When she died, she left behind her loving husband,
15 two young children, then aged five years old and four
16 months old. Her death also affected her much larger
17 family, including her mother, three sisters, brother and
18 numerous other extended family members and countless
19 friends who all miss her greatly.

20 She was a much-loved member of her community in
21 South Woodham Ferrers, near Chelmsford in Essex, where
22 she was an active volunteer and a local parish
23 counsellor. Her suicide came as a great shock to all
24 who knew her and even now, eight years on, many still
25 feel the pain and sadness of her loss.

1 Pippa spent most of her life in Essex. She was born
2 in Basildon Hospital and grew up first in Wickford, then
3 in Southend, before finally moving to South Hanningfield
4 in Rettendon, where she spent most of her youth. She
5 attended St Hilda's School in Chalkwell as a young girl,
6 with me, her sister Lydia, only 18 months younger than
7 her, and when we moved to Rettendon in 1987, we attended
8 Elm Green Primary School together in Danbury before
9 moving to Brentwood School for our secondary education
10 together.

11 Even though Pippa excelled in her academic studies
12 and actually received a bursary to attend Brentwood, she
13 dropped out of school just before her GCSE exams due to
14 stress. She took a year out of formal education before
15 returning to take A levels at SEEVIC College in
16 Benfleet, where once again she demonstrated excellent
17 academic skills.

18 She secured a place at Birmingham University in
19 medieval studies but quickly realised it wasn't for her
20 and chose to return back to Essex. She would later go
21 on to obtain many GCSEs as an adult as well as complete
22 teacher training qualifications at Anglia Ruskin
23 University.

24 During her 20s she volunteered in Indonesia,
25 teaching and working with deaf children as part of the

1 VSO, which is the Voluntary Services Overseas programme,
2 and she spent several months travelling in Australia and
3 New Zealand before returning to the UK to work as
4 a teaching assistant in a private school in West London.

5 In 2006 she moved to Reading to live with her
6 boyfriend, before they finally settled in South Woodham
7 Ferrers, got married and started a family. After the
8 birth of her first son in July 2011, Pippa continued to
9 play an important role in her community, working at
10 nearby Marsh Farm, caring for the animals, running
11 educational activities for school children as well as
12 volunteering with local conservation and wildlife
13 projects and being a regular member of the local what
14 they call SWATS group, which is the South Woodham
15 Amateur Theatre Society, performing regularly at local
16 venues and theatres. She was also elected to the
17 South Woodham Parish Council, where she acted as
18 Treasurer, and she was passionate about supporting local
19 residents and delivering projects which would benefit
20 the neighbourhood as a whole.

21 During the Christmas holidays of 2015, Pippa and her
22 husband announced to her family, including myself, the
23 fantastic news that they were expecting their second
24 child and the pregnancy progressed normally with no
25 medical complications. However, Pippa went into labour

1 early at 34 weeks and gave birth to her baby son at
2 Broomfield Hospital in June 2016. Due to the premature
3 birth of her baby, the baby required colour therapy
4 treatment, which led to an extended stay in hospital,
5 where Pippa began to display a certain degree of anxiety
6 and was not her usual jovial self. Lack of sleep due to
7 the frequent noise on the ward exacerbated this stress
8 and, shortly after returning home with her new baby,
9 Pippa began behaving strangely, as if responding to
10 voices and people who weren't there. She demonstrated
11 signs of puerperal, ie post-partum, psychosis and within
12 a few days of being at home her husband had to call the
13 emergency services. After being sectioned on 23 June
14 and a short and unfortunately traumatic stay in
15 Broomfield Hospital A&E department, she was transferred
16 to a mother and baby unit hundreds of miles away as no
17 beds could be found closer to home.

18 Her treatment continued for several months, which
19 showed peaks and troughs in her recovery, including
20 breaks at home and a transfer to another MBU 120 miles
21 away, once again, due to lack of beds at the MBU close
22 to her home. Finally she secured a bed at an MBU at
23 Broomfield Hospital in Essex in October 2016, where she
24 was due to be transferred on Monday, 31 October. The
25 MBU she was in decided to discharge her three days prior

1 to this to spend the weekend at home, even though she
2 had a failed suicide attempt by strangulation only two
3 days prior on the ward. She had also contracted
4 a vomiting and diarrhoea bug whilst on the ward, which
5 had led to her being quarantined in isolation that week
6 and she had begged clinicians to let her go home as she
7 greatly missed her family.

8 After returning home to be with her husband, mother
9 and children on the Friday, they also unfortunately
10 succumbed to this same contagious bug that she had
11 carried and all the family members were extremely ill
12 throughout the night.

13 In the early hours of Saturday morning, 29 October,
14 whilst her family attempted to sleep and recover from
15 the illness, Pippa quietly absconded from the house and
16 headed towards a train station. A friend who was
17 walking their dog nearby approached her and attempted to
18 intervene, but she took her own life. Pippa's death was
19 a tragedy and it is still felt by family and friends
20 today. Had she received more localised, continued and
21 appropriate care, there's a good chance she would still
22 be alive today and it is important that the
23 Lampard Inquiry highlights and investigates how such
24 critical mistakes were made during her care so that they
25 cannot be repeated with any other patients in the

1 future.

2 MR GRIFFIN: Thank you. Would you put up the remaining
3 photographs, please?

4 (Images shown)

5 That's the last photograph.

6 THE CHAIR: Thank you very much indeed for that. It is much
7 appreciated.

8 MR GRIFFIN: Would you like a break or would you like to
9 continue?

10 MS FRASER-WARD: I'm fine, thank you.

11 MR GRIFFIN: Shall we move, Chair, to the opening statement?

12 Opening statement by LYDIA FRASER-WARD

13 MS FRASER-WARD: My name is Lydia Fraser-Ward and my sister,
14 Pippa Whiteward, died in October 2016. As just
15 mentioned, in the early morning of Saturday 29 October,
16 Pippa crept out of her house as her husband, mother and
17 two young children slept, walked down to her local train
18 station at a level crossing, threw herself in front of
19 a passing train, dying at the scene. She was 36 years
20 old.

21 Prior to her death, Pippa had been receiving
22 treatment over the last four months for puerperal
23 psychosis and post-partum depression after the birth of
24 her second son in June 2016. Puerperal psychosis is an
25 uncommon condition and leads to maternal death very

1 rarely, usually affecting one in 1,000 women after
2 birth. In this case, my sister was that one person.

3 Although my sister lived in Essex, the majority of
4 her care took place outside the county due to lack of
5 beds in mother and baby units locally. It is my opinion
6 that this distance from home and inappropriate early
7 discharge from the MBU where she was receiving treatment
8 significantly contributed to her death. An inquest
9 which was carried out by HM Coroner's Service highlighted
10 a number of oversights in her care which took place
11 across multiple hospitals in three different regions
12 across the country and recommendations were made for
13 lessons to be learnt so that patient care could be
14 improved going forward.

15 Although this opening statement does not go into the
16 details and context of her care within various NHS
17 trusts, I make reference to elements of her treatment in
18 relation to the provisional List of Issues. This is to
19 contextualise my questions and request for further
20 investigation by the Lampard Inquiry.

21 I would like the opportunity to provide further
22 information about my sister's medical treatment as
23 evidence in this Inquiry as well as provide additional
24 documentation for consideration. These include the
25 Coroner's report into my sister's death, an account by

1 her husband of her treatment in a letter to his local MP
2 and a poem that my sister wrote about her treatment in
3 Broomfield Hospital A&E after she was sectioned under
4 the Mental Health Act 1983.

5 Although much of it was treatment conducted outside
6 of Essex, it is precisely because her care was carried
7 out so far from her home that it continued to fail and
8 contributed significantly to her death. She should
9 never have been discharged home for the weekend when she
10 died, but clinicians felt that she could receive more
11 effective care from her family at home than within
12 a specialist hospital unit. They failed to properly
13 risk-assess her release. They failed to consider how
14 a contagious illness that she was carrying at the time
15 and which she contracted whilst on their ward would
16 impact her family's ability to care for her whilst also
17 effectively being on suicide watch.

18 The lack of care in the community provided by
19 Essex-based mental health teams during her short stay at
20 home meant that her obvious signs of stress and anxiety
21 went unnoticed by clinical staff as well as the family's
22 inability to care for her whilst violently unwell
23 themselves. They were expected to care for her with no
24 local support or provision, even though she clearly
25 posed a risk to her own safety, having attempted suicide

1 only 48 hours previously whilst in hospital care.

2 As part of this essential Inquiry, I would like you,
3 Chair, to consider the deeply dangerous risks that are
4 posed by lack of care in the community that can
5 contribute to the death of mental health patients in
6 Essex. As her sister, I firmly believe that if Pippa
7 had not been discharged home that weekend and instead
8 had been transferred directly to Broomfield Hospital as
9 planned, she would be alive today and could have made
10 a full recovery.

11 With regards to the provisional List of Issues in
12 relation to my sister's treatment, I would like the
13 Lampard Inquiry to consider ...

14 MR GRIFFIN: And I'll read out the List of Issues which are
15 in the opening statement. The first is B4:

16 "Where an assessment for detention under the
17 Mental Health Act 1983 took place, was it carried out
18 appropriately and in accordance with legislation and the
19 Code of Practice?"

20 MS FRASER-WARD: So I would like to request that this
21 Inquiry investigate what written records are being kept
22 by Essex NHS hospital trusts and what protocols are in
23 place to effectively inform family members that this
24 form of detention has taken place. If the patient is
25 not of sound mind and unable to be advised of their

1 detention, what is being done to ensure that information
2 on this process is shared with family members and what
3 provision is in place to support them going forward,
4 particularly in cases where children will be directly
5 impacted?

6 MR GRIFFIN: B10:

7 "How were decisions as to admission made? What
8 factors influenced where a patient was admitted, and to
9 what extent was this justified?"

10 B11:

11 "What policies and procedures were followed when an
12 inpatient was admitted onto a ward? Were these
13 sufficient and appropriate in the circumstances?"

14 MS FRASER-WARD: So I would like to ask how will this
15 Inquiry ensure that patient safety is paramount when
16 admissions are made and that they are supported
17 emotionally as soon as possible? How are mental health
18 services being engaged within A&E departments and what
19 targets are in place in terms of time elapsed following
20 admission to ensure that patients receive specialist
21 care from a mental health clinician and that their
22 safety is not compromised? What provisions are in place
23 to ensure that a detained patient is able to contact
24 their family and broader support network for
25 reassurance?

1 MR GRIFFIN: B15:

2 "What, if any, impact did the ward environment
3 (including, but not limited to, ward layout and/or the
4 use of technologies on a ward) have on inpatients?"

5 MS FRASER-WARD: So in my sister's case, clearly the
6 maternity ward conditions at Broomfield Hospital after
7 the birth of her son contributed to the lack of sleep
8 she experienced, which some research suggests can be
9 known as a trigger for puerperal psychosis, especially
10 in patients with bipolar disorder.

11 MR GRIFFIN: I think you provide a link to some literature.
12 We will ensure that the written version of this
13 statement, including the link, goes on the website.

14 MS FRASER-WARD: Thank you.

15 My sister was diagnosed with bipolar disorder after
16 the birth of her first son, and this information in her
17 medical notes, combined with observations of her lack of
18 sleep on the ward, should have been addressed and she
19 should have been identified as a high-risk patient with
20 a reactive care plan put in action. With the
21 appropriate provision and planning for sleep protection
22 in place, it is possible that her puerperal psychosis
23 may have been prevented had medical staff at
24 Broomfield Hospital taken account of her existing
25 medical condition.

1 I would like this Inquiry to investigate what is
2 being done to ensure that patients who are at a higher
3 risk of serious mental health illness are given
4 appropriate ward conditions and adaptations following
5 childbirth. Can private rooms located further away from
6 significant noise sources be prioritised for patients at
7 a higher risk of psychosis?

8 MR GRIFFIN: B16:

9 "How, and to what extent, was an inpatient's privacy
10 and dignity retained?"

11 MS FRASER-WARD: Having discovered my sister's poem very
12 recently as part of my preparation for this Inquiry, my
13 sister was clearly traumatised by her stay in
14 Broomfield Hospital A&E and it suggests that staff
15 providing her treatment did not ensure her privacy or
16 dignity were maintained. What safeguards are being put
17 in place to protect vulnerable patients being sectioned
18 in A&E and what specialist mental health staff will be
19 made available to support them during their stay?

20 MR GRIFFIN: B18:

21 "Was the treatment provided to mental health
22 inpatients both appropriate and adequate?"

23 "(a) Specifically how was medication administered
24 and managed?"

25 "(b) How was risk managed and was this properly

1 balanced with therapeutic care?

2 "(c) How were comorbid issues dealt with?"

3 MS FRASER-WARD: Although my sister's medication was
4 prescribed by an NHS Trust outside of Essex, more could
5 have been done by local mental health services to ensure
6 that her ongoing medication was appropriate for her
7 recovery. It is known that the drug she was prescribed
8 has side effects which include suicidal thoughts and the
9 risk this posed to her ongoing recovery should have been
10 assessed by local clinicians whilst she was discharged
11 home between MBU admissions. What provision is in place
12 with regard to community mental health assessments
13 following discharges from MBUs to ensure patient safety
14 is maintained?

15 MR GRIFFIN: B20:

16 "How did providers deal with requests for leave
17 (supervised and unsupervised)? What information was
18 considered? Was this appropriate?"

19 MS FRASER-WARD: I still maintain that it was inappropriate
20 for my sister to be permitted to leave her MBU to come
21 home so soon after a suicide attempt whilst in care.
22 I would like to know what protocols are in place to
23 ensure that patients are protected from early discharge
24 where it is inappropriate. Is there a minimum stay
25 required for patients that have attempted suicide whilst

1 in hospital care? What processes are in place to ensure
2 that appropriate liaison and agreement with local mental
3 health teams is secured with other NHS trusts to ensure
4 that community-based mental health support is in place
5 before supervised or unsupervised leave is permitted?

6 MR GRIFFIN: B25:

7 "How were decisions as to risk and observation
8 levels made? What information was considered? To what
9 extent were such decisions appropriate and adhered to?"

10 MS FRASER-WARD: The Coroner's report that investigated my
11 sister's death concluded that the risk assessment for
12 her discharge from the MBU was inadequate and that the
13 risks posed to her family via contagious diseases were
14 not considered with regards to the impact it would have
15 on her care. At the time of discharge, my sister was
16 still recovering from that vomiting bug I mentioned that
17 she had contracted on the ward and consequently all of
18 her family fell extremely ill. It was whilst they were
19 recuperating that she was able to abscond from the house
20 and take her own life. So I would like the
21 Lampard Inquiry to investigate what protocols are in
22 place within Essex NHS Trusts to ensure that similar
23 safety measures are in place with regards to contagious
24 infections regarding care of patients at home. How are
25 observation levels decided and what is being done to

1 ensure that high-risk patients receive home visits by
2 community-based mental health teams in Essex following
3 discharge from both local and non-local NHS Trusts?

4 MR GRIFFIN: B27:

5 "What consideration was given to the Deprivation of
6 Liberty Safeguards for those who lacked capacity?"

7 MS FRASER-WARD: As evidenced in the Coroner's report into
8 my sister's death, no written records have been made
9 available to her family regarding her care at
10 Broomfield Hospital A&E. We cannot know what
11 consideration was given to her safety whilst she lacked
12 capacity. What is being done to ensure that an
13 appropriately trained member of mental health staff is
14 always assigned to detained and/or sedated patients in
15 A&E departments to ensure their safety is maintained and
16 that their needs are met?

17 MR GRIFFIN: B28:

18 "When any type of restraint (manual, mechanical,
19 chemical or seclusion and long-term segregation) was
20 used, was it used and recorded appropriately? If not,
21 why?"

22 MS FRASER-WARD: We know that my sister was physically
23 restrained with handcuffs whilst in Broomfield Hospital
24 A&E and that she was sedated, but no written medical
25 records have been made available to her family regarding

1 her stay. What is being done to ensure that information
2 and transparency around the care of incapacitated
3 patients is being shared with family members whilst
4 balancing this with the need to maintain patient
5 privacy? What explanations are being provided to family
6 members for why physical restraints are used instead of
7 alternative methods to keep them safe?

8 MR GRIFFIN: B32:

9 "How were decisions as to when an inpatient should
10 be transferred to another unit/setting made? What
11 factors were taken into account? To what extent were
12 such decisions appropriate?"

13 MS FRASER-WARD: The significant distance between the
14 hospitals where my sister received her care and her home
15 played an undeniable role in the slowing and ultimate
16 failure of her treatment. Puerperal psychosis is
17 a condition which, with the appropriate care provision,
18 sees most patients make a full recovery. Because Pippa
19 was transferred to units located so far away from her
20 home, both her mental and physical conditions were made
21 worse. She was able to attempt suicide whilst on an MBU
22 ward due to inadequate safety measures around ligature
23 risks and clinicians were only made aware of her attempt
24 because she volunteered the information herself.
25 Therefore I would like the Lampard Inquiry to

1 investigate what processes are in place to ensure that
2 non-local hospital trusts and MBUs are in regular
3 liaison with local community mental health service
4 provision in Essex. What is being done by Essex mental
5 health teams to ensure they are keeping track of local
6 patients receiving appropriate care with other trusts
7 and that their safety is being maintained?

8 MR GRIFFIN: C33:

9 "When and how did providers start discharge
10 planning?"

11 C34:

12 "What discharge procedures were in place and were
13 they followed?"

14 "(a) To what extent was statutory guidance abided
15 by?"

16 "(b) Were second opinions appropriately sought?"

17 C36:

18 "To what extent were decisions around discharge
19 appropriate? Was all available and necessary
20 information known at the time of a decision relating to
21 discharge? If not, why not?"

22 MS FRASER-WARD: As previously stated, it is my belief my
23 sister should not have been discharged on 29 October
24 2016. I would like the Lampard Inquiry to clarify what
25 protocols are in place to ensure that local mental

1 health teams in Essex are consulted by other NHS trusts
2 before patients are discharged for supervised or
3 unsupervised care in the community in Essex. Are risk
4 assessments also being carried out by local teams in
5 parallel with other NHS trusts providing patient care?

6 MR GRIFFIN: C37:

7 "Was any community-based support, set up by
8 providers, sufficient and appropriate in the
9 circumstances?"

10 D40:

11 "How, and to what extent, did providers co-operate
12 with others to plan, commission and deliver safe
13 discharge plans and aftercare? Was this sufficient and
14 appropriate in the circumstances?"

15 MS FRASER-WARD: To my knowledge, no community-based support
16 was in place locally for my sister's discharge. Based
17 on the findings in the Coroner's report following an
18 inquest into her death, two phone calls were made to her
19 home on Friday 28 October to check on her condition.
20 But these were made by medical staff at the MBU where
21 she had been discharged, which was several miles away --
22 many hundred miles away. Had a home visit from the
23 local mental health team been provided, a far more
24 thorough assessment of her worsening condition could
25 have been made, plus staff would have been able to

1 observe her family members becoming unwell and she could
2 have been re-admitted into care.

3 So I would like the Lampard Inquiry to investigate
4 what the current protocols and provisions are with
5 regard to home visits in the community following the
6 discharge of high-risk patients. Is there a mandatory
7 requirement to visit these patients in person within
8 their home settings? If so, is there a target for how
9 quickly this is carried out following their discharge?

10 MR GRIFFIN: D38:

11 "From the point of admission through to discharge,
12 what level of information was communicated to and/or
13 obtained from inpatients, their families, carers and/or
14 other members of an inpatient's support network during
15 their time on an inpatient mental health ward?

16 "(a) What provisions or measures were in place to
17 ensure that this information had been properly received
18 and understood? Were necessary adjustments made to
19 accommodate those who had known difficulties with
20 communication?

21 "(b) How, and to what extent, was this documented?"

22 E47:

23 "What information and/or guidance was provided to
24 inpatients, their families, carers and/or other members
25 of their support network and staff to explain how they

1 should raise concerns about their own, or another
2 person's, safety?"

3 MS FRASER-WARD: Although updates and information on my
4 sister's care were provided to her husband during her
5 treatment, no information was provided to other family
6 members. Considering her husband was working full-time,
7 looking after their five-year-old son and frequently
8 driving hundreds of miles to visit Pippa and care for
9 their baby during her treatment, it was difficult to
10 expect him to also keep other family members regularly
11 updated on her progress as well. If mental health teams
12 and hospital clinicians had considered how other family
13 members could have been integrated into her care plan,
14 Pippa could have benefitted from much more support.
15 Also, to my knowledge, no advice, either written or
16 oral, was provided to other family members about how
17 best to support her whilst she was on leave at home.
18 I was completely unaware of the severity of her
19 condition whilst she was receiving treatment and only
20 found out about her suicide attempt at the MBU after her
21 death.

22 I would like to know what recommendations the
23 Lampard Inquiry will make to Essex mental health teams
24 for engaging with broader family networks to inform them
25 of patients' treatment, involve them more in their care

1 and to what extent advice to these members is made
2 mandatory to support patients after they are discharged
3 back home.

4 MR GRIFFIN: D41:

5 "How, and to what extent, were inpatients who
6 suffered serious harm, their families, carers and/or
7 other members of their support network supported by
8 providers following the incident? Was this sufficient
9 and appropriate in the circumstances?"

10 E45:

11 "Did inpatients feel safe when they were on mental
12 health wards? Did families, carers and/or other members
13 of an inpatient's support network have any concerns
14 about their safety?"

15 E48:

16 "Were patient and/or staff safety incidents
17 appropriately reported? If not, why not?"

18 F49:

19 "What data was captured during an inpatient's stay
20 on a mental health ward?"

21 MS FRASER-WARD: To this day I am still unsure of the
22 treatment that my sister received at Broomfield Hospital
23 A&E. Having discovered her poem since her death and
24 knowing that she lost her phone and all of her contacts
25 during the short stay, it is my belief that she may have

1 come to harm during this time. No documentation of her
2 stay has been made available to me and, as far as I'm
3 aware, no support was provided to her next of kin
4 following this stay.

5 I would like the Lampard Inquiry to investigate what
6 protocols are in place to ensure that medical records of
7 treatment in A&E departments are shared with next of kin
8 when a patient is sectioned under the Mental Health Act
9 1983 and detained due to the lack of mental capacity.

10 MR GRIFFIN: E43:

11 "What steps were taken by providers to identify,
12 assess, evaluate and mitigate safety risks to (a)
13 inpatients (including when on leave and on discharge);
14 and (b) staff on mental health wards? Were these
15 sufficient and appropriate in the circumstances?"

16 E44:

17 "Specifically, what crisis management systems were
18 in place? How did these work in practice?"

19 I79:

20 "Was learning at ward level appropriately captured?
21 To what extent was it shared internally and built on?"

22 MS FRASER-WARD: The Coroner's report into my sister's death
23 concluded that the risk assessment carried out by the
24 MBU upon my sister's discharge failed to consider how
25 her contagious vomiting bug could be contracted by her

1 family and therefore impact on the care that they would
2 be able to be provided for her. Due to lack of local
3 provision from mental health teams in Essex to carry out
4 a home visit or make contact with Pippa to assess her
5 condition, I would like this Inquiry to find out what
6 lessons have been learnt, how have risk assessments been
7 made more vigorous and what protocols are in place to
8 ensure that proper localised crisis management systems
9 are in place to support patients on discharge or
10 short-term leave at home.

11 MR GRIFFIN: I'm now going to ask Tessa to put the ninth
12 page of the opening statement up on the screen. Could
13 you expand from L93 down, please?

14 Can everyone see that? Yes. Do we see here L93?

15 "How, and to what extent, did providers respond to
16 the following in relation to the provision of mental
17 health inpatient care and treatment ..."

18 Then we see a series of matters, including, for
19 example, (a), "Concerns and complaints", and (h),
20 "Investigations by HM Coroners Service".

21 And M100:

22 "How did providers in Essex interact with external
23 bodies, including (but not limited to) ..."

24 And again we see a series here of bodies and
25 organisations, including, for example, (a) NHS England

1 and (c) "Other NHS Trusts".

2 Thank you. Could you take that down now, please?

3 MS FRASER-WARD: As information regarding my sister's stay
4 at Broomfield Hospital A&E has not been made available,
5 I would like to ask the Lampard Inquiry to investigate
6 whether A&E service providers are actually contributing
7 appropriate information to investigations by
8 HM Coroner's Service.

9 MR GRIFFIN: M103:

10 "What recommendations, including from inquests,
11 investigations, experts and any others within the
12 professional or regulatory sphere were made to improve
13 mental health inpatient care and treatment? Were
14 appropriate steps then taken by providers to act upon
15 such recommendations?"

16 MS FRASER-WARD: To my knowledge, our family has not been
17 contacted again by HM Coroner's Service or by NHS Trusts
18 involved in my sister's care since the completion of the
19 inquest into her death, therefore I am unaware if any of
20 the recommendations in the Coroner's report have
21 actually been implemented at any of the NHS Trusts
22 responsible for her treatment or indeed if these
23 recommendations were even shared with Essex
24 community-based mental health teams and
25 Broomfield Hospital A&E.

1 I would like to ask the Lampard Inquiry to
2 investigate if indeed these recommendations have been
3 implemented into practice within broader mental health
4 services within Essex. What is being done to ensure
5 that families are being informed of any improvements in
6 NHS care services following inquest recommendation?

7 MR GRIFFIN: And that is the end of your opening statement,
8 but you provided details of some further evidence which
9 you will provide to the Inquiry.

10 MS FRASER-WARD: Thank you.

11 THE CHAIR: Thank you very much indeed.

12 MR GRIFFIN: It will take just a moment because I know that
13 the desk has to be arranged for our next speaker.

14 May I invite Melanie Leahy to come up to the table?
15 Melanie has previously told you, Chair, about her son,
16 Matthew. This time she will be speaking about her
17 partner, Colin Flatt, and may I ask that the photograph
18 goes up on the screens, please?

19 MS LEAHY: Good morning, Chair.

20 THE CHAIR: Good morning.

21 MS LEAHY: It is morning still, isn't it? Afternoon. I got
22 a bit lost in your testimony. It's fabulous. You've
23 done her proud.

24 Well, I didn't expect to be here once, but to be
25 here twice, here we go.

Statement by MELANIE LEAHY

1
2 MS LEAHY: This is a commemorative impact statement that
3 I'm making on behalf of a man that was in my life for
4 20-plus years, a very special part of my life,
5 Colin Harold Flatt.

6 Colin died September 2021. I just have to start
7 reading it, I'm afraid. As I stand here and say that
8 name, I'm worried. I'm worried you'll hear the name of
9 an older man and assume he died because he was old, that
10 eventually death comes to us all, and you'd be right,
11 but the way he died and what contributed to his death is
12 why we are here today.

13 His death was not suspicious. I lived the
14 experience with him and I saw exactly what went wrong,
15 drastically wrong. I watched as the killing machine
16 went into action and I was powerless to stop it, despite
17 my knowledge of the system. Having experienced
18 a multitude of failings in my son's care which led to
19 his death, my fears and anxieties at Colin's admission
20 to hospital multiplied and the end result proves they
21 were totally founded.

22 Colin was a lot older than me, but despite his age
23 he was a very fit man. He was self-caring, he cycled
24 daily, he maintained our home, he took the dog out, he
25 gardened -- it was meticulous -- and he was my partner

1 for close to 20 years.

2 Colin could have been your partner, your brother,
3 your father, your cousin, your grandfather, your
4 great-grandfather or your great-great-grandfather. He
5 held all those titles in his life. It's just by the
6 roll of a dice that he's not. If he had been, I'm
7 certain you would have loved him as much as I did.

8 He was widowed, I was divorced. I was working in
9 a marina on the east coast. Colin had a yacht in the
10 marina. It sounds like something from a budget romcom
11 film, I know, but we fell in love and in time we bought
12 our first house together.

13 My son, Matthew, another of the deaths investigated
14 in this Inquiry, Colin and I all moved in together.
15 Colin had been born in Blythborough in Suffolk, in one
16 of the cottages next to the church. He wasn't there
17 very long as his father moved to London to join the
18 London Fire Brigade. His dad was a firefighter during
19 the war, and whilst all the other children were moving
20 out of London, Colin was being moved in with the family,
21 to serve our country.

22 Colin had been a footballer, a professional
23 footballer, and to this day there are still football
24 blogs that mention his name, despite that part of his
25 career ending over 50 years ago. He played in the

1 finals at Wembley, he played for various teams, and was
2 a bit of a legend both at Barnet and Leyton Orient.

3 Colin and I went into business together and he
4 helped me start an advertising company. He gave me the
5 confidence to do that. He taught me about accounting,
6 invoicing, all that sort of thing. He was a successful
7 businessman in his own right and ran a very successful
8 freight forwarding company. A fantastic yachtsman, he
9 won many, many cups and trophies, sailed regularly -- he
10 sailed down to Spain and Portugal; thousands of miles of
11 sea in his lifetime.

12 In our early days he suffered with asthma and he
13 used to sing "All I need is the air that I breathe just
14 to love you". That was one of his fun things that he
15 would do. He had a good sense of humour, and it kept me
16 and others that knew Colin smiling, even through the
17 darkest times.

18 Lots of party tricks. One was standing on
19 his head. He even did that when he was I think 79.
20 That was probably the last time. And I recall like
21 clearly on a cruise, it was so rough, yet he got up in
22 the middle of the dance floor and was on his head. We
23 could hardly stand but he'd be on his head.

24 Then the other side of Colin, he did like a moan and
25 he found a community for that. They were called "The

1 Argumentative Society". It wasn't a real society. It
2 was a group of men, they went to play golf, they'd have
3 a good moan and a pint afterwards. But he never said
4 a bad word about anyone. He wouldn't, even in private.
5 He would champion people, support them. He loved going
6 to the pub so he could just talk to people like you.
7 The beer was, you know -- that was his bonus.

8 He learnt magic tricks. He used to like
9 entertaining and, if he walked through the door, you
10 were just happy to see him because you knew you was in
11 safe hands. And you'd learn. You'd learn something
12 from a conversation with him. He loved animals and
13 that's Jed. Jed is 14 and a half now and probably --
14 yeah, he's the only real part of our life together that
15 I have left.

16 In 2012, when Matthew died, Colin was there. He was
17 by my side and I'm not sure I'd be standing here today
18 if it wasn't for Colin, my friends and my family keeping
19 me afloat. So how a man in his 80s ended up flanked by
20 security guards, naked, lying in urine-soaked sheets at
21 the bottom of a hospital bed, being held at 45 degrees,
22 while suffering from severe infection and a haematoma is
23 what has led me to being here today.

24 In early 2021, as the world was coping with the new
25 normal due to Covid and the restrictions we lived with

1 infiltrated our lives, I noticed a difference in Colin.
2 He would become a little confused in the early
3 evenings -- I know not uncommon as we get older but it
4 was concerning -- and a family member had recently gone
5 into hospital, having had a heart attack, and in A&E he
6 was told if his heart rate was critically low, under 40,
7 it would be an emergency.

8 I had ordered a heart rate monitor for my brother.
9 Two arrived by accident, so we used the second one and
10 Colin checked his heart rate. It was 38 beats per
11 minute. So as he'd been getting tired, he actually went
12 down to the local GP surgery and they just advised we
13 call 111. Paramedics came and Colin was taken in. He
14 was taken into Broomfield Hospital and off he went in
15 the ambulance. I remember I wasn't allowed to go
16 because there was Covid. I sat down on the stairway and
17 I just had this sinking feeling he wasn't coming home,
18 but I could never have predicted why.

19 I wasn't allowed to see him for the first few days
20 because of Covid and then I got a call to say, "Oh, he's up
21 on a ward now". And I remember I went in -- I went into
22 the main atrium at Broomfield Hospital and there he was.
23 He was sat playing with a mobile phone, he had bruises
24 all up and down his arms, which I have photographs of,
25 and there was two security guards -- no, there's four.

1 He had been chemically restrained. He didn't know
2 who I was. It turns out, I found out, that the doctor
3 that actually began the chemical cosh on Colin ten years
4 earlier I had reported to the NMC for over-medicating my
5 son and he had been moved on to the elderly adult
6 psychiatry.

7 Anyway, suffice to say, within 19 weeks my partner
8 was dead. Helpless, I just watched the man I loved
9 deteriorate in front of me, and I'm not trying to make
10 you feel uncomfortable, but I just want you to imagine
11 it, imagine how I feel.

12 I can't go into the appalling details of the
13 so-called care he was provided with here because
14 I understand it's not the appropriate forum, but I will
15 share them later down the line.

16 I'd like to share that Colin's care came under three
17 main umbrellas, which was Mid Essex Hospital,
18 Essex Partnership University Trust and the North East
19 London Foundation Trust. Two of these Trusts are known
20 to the Inquiry. Colin had been chemically coshed,
21 deprived of his liberty, abused, bruised. Ultimately
22 Colin died whilst in the care of the state.

23 I still wait for the inquest into his death, three
24 years so far, with a feeling of dread and deja vu, and
25 I'm bracing myself for the nightmare I know it will be.

1 And I'm scared but, along with every family here today and
2 in this Inquiry, need what went wrong brought out into
3 the open to stop the same happening again.

4 After his death Colin lay in the mortuary for ten
5 and a half months whilst police investigations were
6 ongoing, and when eventually I laid him to rest, I did
7 not get all of him. Samples still remain with
8 Essex Police and I really hope to get those parts of him
9 back in due course because I loved all of him, not just
10 parts of him.

11 I've been asked by the Inquiry to write a summary of
12 the impact of my partner's death on me and I just ask
13 you to use your imagination. I lost my son to the
14 brutal system in 2012, a system that was meant to keep
15 him safe, and years later I've now lost my partner to
16 that very same system; a man who I shared one-third of
17 my life on this earth, 20 years together, and my world,
18 yeah, changed forever, forever.

19 After my son died, I couldn't stay in our family
20 home as it held too many memories. Colin and I moved
21 from a place we both loved and lived in for 12 years and
22 we set up a new home together in a different area in
23 Essex. Having lost Colin, I tried to stay in this new
24 home, but, again, so many memories kept surfacing and
25 the fear and anguish took over and then I shut down,

1 I became numb. I started to experience pains in my
2 chest and panic attacks and I was diagnosed with angina.
3 I suffered extreme exhaustion and still to this day
4 struggle to get a good night's sleep. Some days the
5 memories still knock the wind out of me.

6 Friends moved in with me whilst they too had
7 bereavements and we found a way of surviving together
8 for many months. Yeah, everyone says, "You're so
9 strong, Mel, you've got this", but honestly I'm not sure
10 how I survived. Friends and family have been so, so
11 supportive in my losses and I'm forever grateful to each
12 and every one of them.

13 The reality is this is my pain to shoulder, my loss,
14 but it's a sad, lonely and difficult journey and I live
15 every day wondering how I'll get through it and then
16 I remember that my boys would want me to. I miss them
17 both so much more than words can say.

18 Every day is confirmation they are never going to
19 return and, as I explained earlier in this testimony,
20 I wish for the truth to come out. I know exactly what
21 went wrong in my late partner's care and it needs to be
22 brought out into the open to stop it happening to
23 others. Thank you.

24 THE CHAIR: Thank you very much indeed.

25 MR GRIFFIN: And there is a video to play which we'll play

1 now, please.

2 (Video played)

3 THE CHAIR: Thank you.

4 MR GRIFFIN: Chair, that is all for this morning. Could we
5 reconvene at 2 o'clock?

6 THE CHAIR: 2 o'clock, everybody. Thank you.

7 (12.54 pm)

8 (The short adjournment)

9 (2.01 pm)

10 MR GRIFFIN: Good afternoon, Chair. We are hearing now the
11 commemorative statement of Victoria Sebastian. It's
12 about her daughter, Elise Sebastian. It will be read by
13 her legal representative, Nina Ali, and Victoria is here
14 sitting next to her.

15 Could we put up the photograph, please? Thank you.

16 MS ALI: Good afternoon, Chair.

17 Statement by VICTORIA SEBASTIAN (read)

18 MS ALI: The commemorative statement of Victoria Sebastian
19 in respect of her daughter, Elise Sebastian. Elise's
20 date of birth was 24 May 2004. Her date of death was
21 19 April 2021.

22 "Elise was my beautiful baby girl, and despite being
23 mother and daughter, we were like two peas in a pod.
24 She was always very clingy to me and her belongings.
25 She always had a backpack with her, full of her

1 favourite toys. She would take them everywhere. Elise
2 was always shy as a little girl and found it difficult
3 to be around people she didn't know but she had
4 a fantastic relationship with her brothers and sisters.

5 "Elise was very close to both of her sisters,
6 Charlie and Kelsey, but in particular with Kelsey. They
7 were always together and loved each other very much.
8 They were like twins with only a 20-month age gap
9 between them and so they didn't know life without each
10 other. Watching Kelsey and Elise grow up together was
11 always such a joy to me. They would go from phase to
12 phase, as children do growing up. I recall Elise and
13 Kelsey going through a Monster High phase to being
14 massive fans of the pop group 'One Direction'. I recall
15 how much we would enjoy going for a drive with me and
16 the girls singing One Direction songs really loudly and
17 probably very badly! We sang our hearts out and we
18 laughed so much.

19 "Elise was also close with her other siblings,
20 I remember how she would watch the 'Marvel' films with
21 her brother Zachary and he would tell her about the
22 superheroes.

23 "I loved watching and being part of the extremely
24 close bond my family shared. Life with my family made
25 me so happy. My family means everything to me.

1 "As a family we went to lots of shows in the
2 West End and we took the children to lots of concerts.

3 "At school Elise excelled in her schoolwork and
4 wanted to work with animals as she loved them ... Elise
5 was a very caring and loving girl.

6 "I knew that Elise was different from my other
7 children as she was always socially awkward and often
8 found it difficult to understand other people's
9 behaviour. I mean, she couldn't tell if they were
10 joking or if they meant what they were saying.

11 "Elise was very sensitive and took everything to
12 heart. When she was at secondary school and she
13 couldn't talk about toys or Harry Potter with her peers
14 she felt lost and ... different.

15 "I saw how she would sometime take on other people's
16 traits to fit in with the group. She also struggled
17 with her sexuality, her appearance and was a massive
18 over-thinker.

19 "It was very hard as her mother to watch her
20 struggle. I tried to help her understand other people's
21 behaviour and to help her with her emotions and
22 responses. For example if she felt her best friend was
23 angry at her I would read the messages and then explain
24 that the friend probably hadn't meant it as she had read
25 it. Or when she first had feelings for someone and

1 she felt she couldn't cope I would explain how
2 powerful feelings could be and how they could make you
3 feel.

4 When Elise was accepted at Writtle college to do
5 a course in animal management she was so excited but
6 then she became ill.

7 "When Elise was in hospital I would make sure that
8 no matter how hard my shift at work that day had been or
9 how far away she was to visit her every day to tell her
10 I loved her and to get my cuddle. There was no better
11 feeling than being with my baby girl. I wanted so much
12 for her to be with me and to have my baby back, it was
13 unbelievably difficult to be separated from her as she
14 was my beautiful baby and best friend. When she was
15 alive I spent all my time with her and was always so
16 happy to be with her.

17 "Losing Elise has shattered my life. My family is
18 shattered. The loss is so heart-breaking and painful
19 that I can't begin to describe it in words.

20 I had been to see her that day in the unit as always
21 and she had been so happy as always to see me. We
22 chatted for ages and she gave me the most beautiful
23 cuddle. I can't tell you how frightened I was when her
24 dad (Glen) called me to say that my beautiful girl had
25 been rushed into hospital and was unresponsive.

1 I recall that he was so broken up that he could barely
2 speak. The unit didn't give any information and we
3 didn't even know where she was. It was as though we had
4 entered some kind of nightmare.

5 "I drove to Colchester hospital blindly hoping that
6 that was where I would find her. I left the car outside
7 A&E and I went in. I recall saying, 'You're going to
8 tell me my baby is dead, aren't you?'. I could not feel
9 my hands and my legs and breathing seemed impossible.
10 The hospital staff seemed to know who I was, and took me
11 to a children's waiting area. A female staff member was
12 there and told me that Elise was on a 'one to one'.
13 A nurse then came out and told me that Elise was having
14 a CT scan and I knew straightaway what that meant.
15 I recall saying to the nurse, 'You're trying to see what
16 damage has been done to her brain'.

17 "The nurse took the female staff member for a walk
18 and I didn't see her again.

19 "Glen arrived shaking and crying asking me if Elise
20 was going to be ok. I told him that she was having a CT
21 scan and that I didn't think it sounded good.

22 "A nurse then came and took us to a children's ward
23 where Elise was laying there with all these tubes and
24 monitors attached to her. I knew as soon as I looked at
25 her that she was gone from me, there was no light in her

1 eyes. It looked like she was gone. The doctor came
2 and told us that Elise was severely brain damaged as she
3 had been without oxygen for 20 minutes or more. He told
4 us that if she did wake up, she would not be able to do
5 anything anymore. He said they would monitor her
6 brain activity over a few days and that at any time she
7 could go into a cardiac arrest. We sat by her bed
8 holding her hands for days. Her hands were so cold and
9 her eyes were open the whole time. It is an image that
10 is stuck in my head and one that I don't think will ever
11 leave.

12 "On the Monday after some doctors came into the room
13 and did some tests on her brain activity and told us
14 that nothing had changed. They did this again a few
15 hours later and then told us that nothing more could
16 be done. My already broken heart shattered some more.
17 They then took her off her life support and Elise was
18 gone. I cannot begin to tell you how painful it was to
19 leave my baby on that bed knowing I would never see her
20 beautiful face again. Leaving her felt like I was
21 somehow abandoning her and that is something that
22 haunts me ... every day.

23 "I struggle to get through the day. I have seen
24 been diagnosed with PTSD and trauma-based ADHD.

25 "I know that Elise's dad, brother and sisters are

1 all suffering as much in their own way as Elise was
2 loved so much by us all.

3 "Her sister Kelsey was at university at the time
4 doing her law degree and never thought that she would
5 have to come home and never see her baby sister again.

6 "Kelsey told me that she couldn't cope with the loss
7 of Elise and was struggling significantly, and so I went
8 and collected her from university.

9 "She deferred university for a year and then went
10 back and completed her law degree. Although she seems
11 okay now, I am still really worried about her and very
12 scared, after seeing how badly Elise was let down by the
13 system, that I may lose another child because, if Kelsey
14 struggles in the future, and she may well do, there just
15 isn't a good enough system of care in place to look
16 after her .

17 "My entire family are still struggling and still
18 finding the pain too much to bear."

19 Victoria has added some pictures of Elise with her
20 family.

21 MR GRIFFIN: Could we put up the remaining photographs?

22 (Images shown)

23 That's the final photograph.

24 THE CHAIR: Ms Sebastian, thank you very much for letting us
25 have that statement. Thank you.

1 MR GRIFFIN: I'll just ask for the table to be re-arranged
2 before the next statement is read.

3 Chair, the next commemorative statement will be read by
4 Sally Mizon about her partner, Mark Tyler. May I ask
5 that Sally comes to the table? While she does so, may
6 I say this: the Inquiry is aware that Mark's death was
7 part of a longer chain of tragic events affecting his
8 family and the purpose of this hearing is to understand
9 the impact of Mark's death on his family.

10 Could I ask that the photograph is put up, please?

11 MS MIZON: Firstly, thank you for including Mark in this
12 Inquiry and, as a family, we would also like to say
13 thank you to Melanie Leahy for being such an absolute
14 warrior and enabling this Inquiry to go ahead.

15 Statement by SALLY MIZON

16 MS MIZON: I'm not going to talk to you about Mark Tyler,
17 the person who, as a result of his mental health
18 struggles, shot and killed his mum. I'm going to talk
19 to you about Mark Tyler, the man, a dad, a son,
20 a brother and an uncle.

21 I met Mark around the end of March 1998. He was
22 a handsome chap with his blonde hair and big muscles.
23 He was quiet, gentlemanly. He wasn't loud and he had
24 nothing to prove to anyone. We went on our first date
25 on 25 April 1998, which had been set up. We sat indoors

1 in my house drinking black coffee and listening to
2 Oasis, just getting to know each other. I always say
3 that Mark and I didn't date. Instead Mark and I went
4 from zero to 100 in our relationship, as we always
5 would. We were both broken products of our childhoods,
6 but we just got each other, which no one else
7 understood. We were also both very broken people and
8 believed that our chipped edges came together to make us
9 an imperfect whole.

10 Mark was his mum's third child. He had an older
11 brother and sister and two nephews, who he idolised.

12 As my relationship with Mark continued, I found out
13 that I was pregnant with our first child. When I told
14 Mark this news, I remember that he went very quiet and
15 barely spoke to me for the rest of the evening. He then
16 got up and went to work the next day and disappeared for
17 a week. We didn't have mobile phones and social media
18 then as it was still only 1998. Anyway, on the Friday
19 evening Mark came home with a bunch of flowers for me,
20 a cheeky smile and I think it was approximately
21 an 18-page letter. I still have this letter.

22 In this letter, he told me that he was sorry that
23 he'd left the house in a hurry once I'd told him our
24 news and that he was scared. He told me that he had
25 heard voices for most of his life and that he suffered

1 from uncontrollable rages, and that is why he took to
2 boxing, worked out a lot, went to a gym to keep his mind
3 occupied. Mark also told me that he was scared that our
4 baby would have the same mental health issues and he
5 didn't know what to do and was scared that he may end up
6 hurting me or our children. In his letter Mark also
7 said -- and I'm paraphrasing here -- that he knew that
8 the love he had for us would make sure that he didn't
9 hurt us and we would be safe.

10 The bond between Mark and all four of our children
11 was a beautiful thing. Our oldest son, Liam, remembers
12 Mark as being a good father, taking on the
13 responsibility of raising my children from a previous
14 relationship as his own. My son says that Mark was who
15 he was; that is to say he remembers fondly that his dad
16 had a good heart and cared for a lot of people. He also
17 remembers that Mark taught him a lot of important life
18 lessons within the short time that he was alive and that
19 he will continue to use those lessons to bring up his
20 own children. Sadly my son had to watch the man he
21 called "Dad" fall apart whilst he was growing up due to
22 him suffering from his mental health issues and
23 Essex Partnership University Trust not taking our
24 concerns as a family seriously enough. Liam also
25 recalls many people felt that, if Mark was supported

1 correctly with his mental health, then he would have
2 been able to show what we all knew, which was that
3 inside Mark was compassionate and was cared for and
4 loved by many.

5 Our oldest daughter, Jessie, says that Mark Tyler is
6 the man who she viewed, still views and will forever
7 view as her dad. Jessie knows that if her dad hadn't
8 become so mentally unwell, he would have been in her
9 life for a long time. My daughter adored Mark. She
10 loved everything Mark did and everything he showed her.
11 Jessie loved working out with Mark at the gym and
12 remembers that he taught her how to box, which she has
13 picked back up in recent years. Jessie remembers her
14 and Mark building a white neon BMX bike together. This
15 is a skill that, thanks to Mark, has helped Jessie with
16 the many types of bikes she has since owned.

17 Mark also taught Jessie important skills. Jessie
18 remembers the moment her BMX bike was built and
19 remembers Mark was zooming around and bunny-hopping off
20 of kerbs. It looked like he was having so much fun.
21 She also remembers that Mark did a spin with a BMX bike
22 off the kerb, which she fondly remembers finding so
23 cool. She remembers the pride on Mark's face every time
24 he saw her excel in sports. Mark was Jessie's coach and
25 biggest supporter, from monkey bars as a kid in the park

1 to him teaching Jessie how to ride a bike and running
2 laps and laps of a giant field. Jessie remembers Mark
3 being so surprised that she could keep up and do the
4 same amount of laps as he could.

5 Mark was very protective and cared so much about
6 Jessie and all her siblings. He used to tell Jessie and
7 Liam that he didn't need to adopt them as he viewed them
8 both as his own biological kids. Jessie remembers that
9 Mark would tell others that he did not need to adopt
10 them because they were his kids and a piece of paper
11 wouldn't change that.

12 Mark was funny, caring, protective and most of all
13 a great dad to Jessie. She is aware that Mark was not
14 a perfect human, but that we all have our flaws and he
15 was a great dad. Jessie also knows that Mark wanted
16 a better life for the family than he had when he was
17 growing up. She has so many memories and so many
18 stories that she could tell people about Mark. Jessie
19 misses Mark a lot and is upset at the fact he is missing
20 out on his life and watching all of his children
21 smashing goals. All the accomplishments, big or small,
22 he has missed with so many and will forever continue to
23 miss so many more. Jessie always says it makes her
24 think what her dad could have accomplished with his life
25 if he had got the right mental health support.

1 Jessie feels like he was judged because he had
2 encounters with the law and had a history of drug abuse.
3 She also feels that these were partly the reason his
4 mental health wasn't taken seriously enough. But Jessie
5 knows Mark to be her hero.

6 Our youngest daughter, Tescha, remembers Mark was
7 the strongest man she knew, with strength something she
8 always associated with him. As a child, all Tescha knew
9 of Mark was that he was big, strong, calm and funny. He
10 taught Tescha how to love animals, how to love family
11 and how special being oneself is. Tescha remembers that
12 Mark loved all of his children so loudly and fiercely.
13 He also taught her how important family was and would
14 always be and how sticking together as a team would
15 conquer anything the world may throw at you. Tescha
16 remembers fondly the protectiveness Mark displayed
17 towards her, his calmness, his enthusiasm for life and
18 his affection.

19 Tescha also remembers that Mark really enjoyed
20 quality time with all of his children, which was of the
21 utmost importance to him for the 12 years she truly had
22 him in her life. She says that she sees it as
23 a blessing that many people do not ever get to
24 experience in a whole lifetime. Tescha remembers that
25 every weekend she got to spend with just Mark was filled

1 with days in the outdoors, walking the dogs and playing
2 in parks. She also remembers talking with Mark for
3 hours about any and everything, being completely present
4 and having his undivided attention, and memories that
5 she will cherish forever.

6 Tescha has said that Mark loved his mother and
7 brother and sister and nephews loudly, also that his
8 calm voice and patience are personality traits that not
9 many had and that his enthusiasm for manners and talking
10 kindly to one another pushed her to be the adult that
11 she is today.

12 Even now Mark has passed, Tescha still acts in the
13 same way he taught her. She remembers that Mark was
14 a mentor to her, her hero and a piece of her heart that
15 has been lost far too early. Mark taught her a lot, but
16 most importantly taught her to be patient, to be
17 yourself and to love like there may not be a tomorrow.

18 Our youngest son, Dougie, says that Mark was a good
19 man, a family man. He was never angry, always very
20 calm, even when telling them off as children. He'd
21 never shout or even raise his voice. He was very big on
22 manners and enforced this in all aspects of life, eating
23 dinner, making sure your elbows weren't on the table and
24 had the cutlery in the right hands. Walking on the
25 street, no matter who they walked past, Mark taught

1 Dougie and all the children to say "Good morning".
2 Dougie says that in shops Mark taught the children to
3 always say "Please" and "Thank you" or he wouldn't buy
4 them anything as he always said manners cost nothing.

5 Dougie remembers that Mark was supportive in every
6 aspect. Dougie and Mark would pretend to be running
7 races through the streets and Dougie would always win.
8 No matter what Dougie wanted to do, Mark would always
9 help. Dougie remembers Mark helping him practise his
10 egg and spoon race before his sports day. If Dougie was
11 good, he would always buy him a Kinder Egg surprise and
12 they would always build it together.

13 He considered Mark was bonkers, but in a good way.
14 Dougie remembers Mark would always say that he had a pet
15 crocodile. It was a taxidermised baby crocodile that
16 he'd got when in Australia, but it was close enough. At
17 sports day, in the fathers' day [sic] race, Dougie
18 remembers that Mark had done the Forrest Gump run in
19 front of everyone until he realised he was going to
20 lose, and then somehow pulled it out the bag and still
21 won the race.

22 Dougie knows Mark loved his family, family being so
23 important. He remembers always being around his nan's
24 house, even if it was just for breakfast, to pop in and
25 see her or spend a few days with her. Dougie and Mark

1 would always do things together. Whether it was
2 bowling, going to the arcades, walking the dogs on one
3 of Mark's unnecessarily long walks, they would always do
4 it together. On all the children's birthdays, Mark
5 would get cards for all of them and he would always do
6 the goofiest smiley face, which was his trademark.

7 Dougie remembers that Mark always had his troubles,
8 but up until it got really bad he had no idea. He
9 remembers that Mark always put the family first, even
10 when he was unwell, and that he was a very selfless,
11 calm and nurturing man that was never ashamed or scared
12 to show his family how much he loved them. Even up to
13 the end, Dougie never felt unloved.

14 Mark was quiet and he was an honest man. He was
15 also polite, which was very important to him. Mark
16 would tell the boys that they were never to hurt girls
17 and that they should always protect their sisters and to
18 treat them with respect. Mark's grandad, Bill, lived
19 until he was 106. Mark held the elderly in the highest
20 esteem, understanding what they had gone through and the
21 respect they deserved after listening to his grandad's
22 war stories.

23 Mark was also an animal lover. We always had dogs.
24 He taught children about nature and environmental
25 impacts. Mark was not this bad man that was portrayed

1 in the press. He was sadly unwell. Whilst Mark was no
2 angel, to me and my children, for the majority of time
3 we were together, he was just our Mark and we loved him
4 every single day of his life.

5 People have undeservedly judged Mark on how he was
6 reported and how he lived at the end of his life, and
7 whilst he struggled with drugs, Mark was a man who
8 constantly tried to improve and get better by going to
9 rehab on numerous occasions.

10 Mark started to behave differently towards the end
11 of his life and he became paranoid, convinced that
12 people were trying to kill him. Mark's deteriorating
13 mental health issues meant that he was also convinced
14 that aliens or God was talking to him. At first as
15 a family we generally laughed this off, but as time
16 progressed his behaviour became more erratic and
17 concerning to us all. For the first time that I had
18 known Mark he became violent towards me. His mental
19 health issues convinced him that I was trying to have
20 him killed.

21 I have since understood that in and/or around
22 July 2012 Mark had attended Basildon Hospital, saying
23 that he was either going to kill someone or himself.
24 However, again, I understand he was discharged to then
25 go and live with his mother, who was 79 years old at

1 this time. Mark made several attempts to take his own
2 life prior to him succeeding.

3 Two weeks before Mark would kill his mother and then
4 himself, I received a call from an unknown number. When
5 I answered the call, it was from Mark. He said, "Sal,
6 it's me ... don't start, I just want to talk". I knew
7 that for him to call me was important. We spent three
8 hours on the phone that day. Mark begged me to let him
9 see the children during the call. I begged him to get
10 help and he told me that he had and that he was fine and
11 it was everybody else that was mad.

12 For the first time in a very long time I got to
13 speak to my Mark. We talked as we always had before he
14 became unwell. It was beautiful. Sadly that was the
15 last time I ever got to speak to him. I'm glad I didn't
16 put the phone down on him that day.

17 Mark struggled with substance abuse all his life and
18 had been under drug and alcohol services for years. As
19 a result of this, he had psychosis, which required
20 treatment.

21 Every single event in my children's lives has now
22 been tainted by the loss of their dad, from simple
23 things like learning to shave or fixing his little
24 girls' broken hearts to the more significant things like
25 teaching the children to drive, finding them their first

1 car, watching the beautiful transition from child to
2 adult, graduations from college and university.
3 Grandchildren and everything in between and to come is
4 always going to have him missing.

5 The lack of statutory compliance and institutional
6 neglect towards Mark Tyler has taken away the future my
7 children should have had and instead left us fighting
8 our own individual battles with mental health services
9 to this day. We all deserved for Mark to be given
10 better treatment by EPUT.

11 To the family, dual diagnosis was and still remains
12 a paper exercise nationwide. Very few practitioners, it
13 appears to me, have the necessary skills or knowledge to
14 make an accurate diagnosis. It is my strong feeling
15 that, due to constant public sector cuts and changes
16 within the availability of effective treatment,
17 multi-disciplinary approaches are rarely effectively
18 implemented. Even if they are, there are challenges to
19 find a pathway that offers treatment that can cope with
20 significant psychiatric and substance issues.

21 Mark asked for help or made comments that should
22 have at the very least triggered safeguarding protocols
23 on at least 18 occasions. Mark was just 37 years old
24 when he needlessly died.

25 MR GRIFFIN: Thank you. Would you put up the remaining

1 photograph, please?

2 (Image shown)

3 THE CHAIR: Thank you very much indeed. I found that very
4 thought-provoking. Thank you.

5 MR GRIFFIN: Chair, it's now time for a break. Can
6 I suggest that we come back at 3.05?

7 THE CHAIR: 3.05, everybody, yes.

8 (2.35 pm)

9 (A short break)

10 (3.06 pm)

11 MR GRIFFIN: Chair, we are now hearing from Afka Ray, who
12 will be speaking by videolink about her foster daughter,
13 Ellise Sambora. Can I ask that the photograph is put
14 up, please? Can I ask, Afka, if you can hear us okay?

15 MS RAY: Yes, I can hear you.

16 MR GRIFFIN: Please start whenever you feel ready.

17 MS RAY: Okay, thank you.

18 Statement by AFKA RAY

19 MS RAY: Ellise Sambora was born as Ellise Leona Motyer in
20 Cambridge on 7 September 2005 to mother, Lorna Bell, and
21 Lee Motyer. Her mother had changed her name to
22 "Sambora" and Ellise did the same when she was 11 years
23 old to honour her mother's memory and to be closer to
24 her. In 2007 Lee and Lorna split up, at which point
25 Lorna and Ellise moved to Maldon in Essex. I myself

1 moved to Essex in August 2008 and shortly after became
2 friends with Ellise's mother, Lorna. At the time she
3 had just been given the all clear after having had
4 treatment for breast cancer.

5 Ellise was three when I first met her as an adorable
6 chatty little girl. I can account for her life and what
7 I know of her from this age.

8 When Ellise was little, she loved all things
9 princess and Disney and she was a huge fan of Dora the
10 Explorer and wanted to be just like her. Ellise and
11 Lorna had a playful Staffordshire terrier called
12 Ragamuffin. Ellise and Ragga were inseparable. Not
13 long after meeting Lorna, I found out that I was
14 pregnant. Lorna was overjoyed and even threw me
15 a surprise baby shower. Being new to the area, I knew
16 no one and her making such a beautiful gesture at such
17 a scary time for me as a single parent cemented our
18 friendship.

19 Lorna loved music and enjoyed going out to see live
20 music. In 2009 I was pregnant, so I was happy to stay
21 in with Ellise whilst her mum went out for a bit of me
22 time. Ellise would often say, "You can practise on me
23 being mum", so at weekends I'd look after Ellise until
24 my son was born. We would play games like "The floor is
25 lava" and pretend we were on an adventure with Dora the

1 Explorer. Ellise of course was Dora. Ragga joined in
2 on the fun. She would often talk to my tummy and ask if
3 the baby would be her new brother. Lorna and I both
4 knew that, because of my age and because of the effects
5 of her chemo, that we would not be having any more
6 children, so we decided that Ellise's idea was perfect.
7 So when my son arrived, Ellise was the first child to
8 meet him. She adored him and we introduced him as her
9 brother from another mother.

10 As Ellise and my son grew up, I continued to watch
11 Ellise at weekends so Lorna could have a break. My son
12 grew and Lorna began returning the favour and we
13 arranged a deal that I would watch Ellise on Fridays and
14 she would watch my son on Saturdays so the children
15 spent every weekend together as brother and sister.

16 Ellise did have a fraternal sister who she often
17 spoke about but sadly never met. As time went on, I could
see
18 how clever Ellise was. She was an avid reader and read
19 well above her age. Her favourite books were
20 Harry Potter. She had a vivid imagination and was very
21 good at art and loved music. She loved drawing and
22 crafting with her mother and Lorna loved horses and
23 Ellise was no different. They spent a lot of time
24 caring for and riding their horse, Ronnie.

25 Lorna was a Christian and we all went to church on

1 a Sunday as a friendship family. Ellise was christened
2 at the church and had two godparents. My impression at
3 this time was that Ellise saw her father, Lee,
4 sporadically.

5 In 2012, Ellise and her mum moved to Southminster
6 and I continued to see them both. Ellise was excelling
7 in school and had taken up drumming as well as having
8 a keen interest in anything theatre. Ellise's ongoing
9 love for Disney took them to Disneyland.

10 Lorna was diagnosed with terminal stage 3 cancer in
11 2013. She was given a year to live. Ellise was there
12 throughout all of her hospital appointments and
13 treatments and often kept mum occupied with song and
14 dance and making her laugh. This is when Lorna
15 recognised Ellise's talent for the arts and she enrolled
16 her in theatre, which was one of Ellise's favourite
17 activities. She went on to be one of the cast in
18 a musical in the Royal Albert Hall. Ellise was so proud
19 of this opportunity.

20 Lorna had a bucket list, which meant Ellise and her
21 mum went on amazing adventures such as Disneyland again,
22 whale-watching in Scotland and several camping trips and
23 festivals. Ellise was happy and seemed not to be fully
24 aware of what was to come.

25 Lorna was a fighter and lived one year longer than

1 expected. In her final year I spent three days a week
2 with them to help look after both of them and walk
3 Ragga, as well as supporting Lorna's mum by giving her
4 a break to do things like shopping and return home to
5 care for her husband, Ellise's grandfather, who was also
6 terminally ill with COPD. In this time I became very
7 close with Ellise's nan.

8 Early in 2016 I went to pick up Ellise for our usual
9 weekend meet-up to bring her to my home. Lorna was
10 gravely unwell at this point, so I sat down with her and
11 asked her if there was anything she needed me to do for
12 her on this earth when she was no longer here. She
13 answered, "Please look out for Ellise for me, and keep
14 her close", and I promised I would honour this wish.
15 This turned out to be her dying wish. She died the
16 following morning.

17 Lorna passed away on 17th of the 1st, 2016. Ellise
18 was at my house with me when her nan arrived to tell me
19 the devastating news. Ellise understandably broke down
20 and we all grieved together. She was nine years old at
21 the time. After Lorna's death Ellise's nan was in
22 mourning for her daughter. She was at a very difficult
23 junction and Ellise spent time with me and her
24 godparents whilst they sorted through the funeral
25 arrangements.

1 Ellise's nan was granted kinship care of Ellise.
2 Ellise moved in with her nan and she had her own room
3 decorated with butterflies and a desk full of art
4 supplies and a stunning princess bed with lots of
5 teddies. Ellise's favourite animal was a duck, so she
6 had a collection of ducks of all kinds. Ellise's nan
7 was a secretary at the Sea Cadets and enrolled her not
8 long after Lorna's passing. Ellise became a core member
9 of this troop.

10 Ellise settled in well and her nan adored her.
11 Ellise struggled to get on with her grandfather, who
12 often passed judgment and had traditional values. Due
13 to this, Ellise began isolating herself in her room and
14 Ellise spent weekdays with her nan and weekends with my
15 son and me.

16 I wanted to stay true to my promise to her mum,
17 Lorna, so I continued the arrangement with her nan that
18 we had since she was three. This also gave Ellise's nan
19 and Ellise some respite and time to recover. Throughout
20 this time I continued to have Ellise and she began to
21 see me as her second mum, me often introducing her as my
22 stepdaughter and her introducing me as her stepmum,
23 "step" as in "stepped in" for her mother after her
24 passing.

25 On weekends we would go to the gym and train

1 together as a family. We would go roller-skating,
2 swimming and have regular visits to Southend-on-Sea to
3 Adventure Island. Ellise had a core group of friends
4 who sometimes came to visit. At this time she seemed to
5 be very happy. She created lots of TikTok content and
6 danced and did Miranda impersonations, which made us all
7 laugh. She really loved doing impressions and being
8 centre stage. She continued with Theatre Train and
9 Sea Cadets.

10 Ellise appeared to have settled in quite a bit and
11 was doing a lot of voluntary work with the Sea Cadets
12 and even won an award for most volunteered hours of any
13 young person in Essex. We were all so very proud of
14 her. Ellise enjoyed helping the community and she was
15 working with Theatre Train to improve her acting and
16 stage presence. She was involved in several
17 performances along with my son and their team. She
18 seemed very positive and happy.

19 Despite this, she began to exhibit some disturbing
20 behaviour throughout 2016 and 2017 and had several
21 visits to A&E to get support for her mental health. She
22 was diagnosed with low mood, panic attacks, anxiety and
23 self-harming behaviour and self-esteem issues. Ellise
24 started at Lower Plume in September 2018 and was doing
25 well at school and enjoyed English and was top set in

1 maths. She had a school counsellor that she spent most
2 of her time with in her office when she felt anxiety,
3 just chatting about her dreams. Ellise enjoyed working
4 with animals and often spoke about becoming
5 a veterinarian.

6 Ellise was again admitted to A&E in February 2019.
7 I received a call from Ellise's nan, stating that Ellise
8 could not be released into her care due to her health
9 issues. As a result Ellise moved in with us on the 25th
10 of the 2nd, 2019, full-time. Myself and my son lived in
11 a two-bedroomed home. My son was more than happy to
12 share his room with her. Ellise's mood drastically
13 improved during living with us and all of her school
14 reports reflected this.

15 Whilst Ellise was staying with me full-time, her
16 father, Lee, began spending more time with us at my
17 home. He had arranged a visit once a week to join in
18 our family dinners. I stayed focused on social care and
19 working to try to become her foster parent while Lee,
20 Ellise's father, focused on attending appointments with
21 her at EWMHS. Sadly things took a turn for the worst in
22 2019 and Ellise had difficulties with her mental health.
23 As a result and as a last resort, Ellise moved back in
24 with her nan, who was terminally ill at the time.

25 On the 2nd of the 9th, 2019, I had a call from

1 Lorna's cousin saying Ellise had died. She had taken
2 her own life the previous evening. Ellise was only
3 13 years old.

4 I was destroyed -- that isn't even the word for it.
5 I had tried to honour my best friend's wishes and, due
6 to all of the commotion and lack of support and to-ing
7 and fro-ing with no direction from EWMHS and
8 social care, we were left broken with serious mental
9 health issues ourselves.

10 I had a breakdown. I became isolated and could not
11 return to my home, my work or my friends in Essex.
12 I never went back home. I couldn't process anything and
13 got to a stage where I was having nightmares at night
14 and feeling nothing during the day. I blocked
15 everything out. I couldn't make sense of any of it.
16 I stayed in Lancashire with my friend and his father,
17 and they supported me and my son during this time.
18 I finally got the strength six months later to go back
19 to Essex and get my things. Now that Ellise had died,
20 I no longer had to stay in Essex, so they arranged the
21 move to Lancashire and that's where I live now.

22 After her death, no one called, no one did a welfare
23 check on us, no one cared. My son has been broken by
24 Ellise's suicide. He at first had physical symptoms of
25 grief. He was then sent to counselling, initially after

1 her death. He is suffering from insomnia and he often
2 has nightmares of Ellise. He is in desperate need of
3 support and has been on the waiting list for trauma
4 counselling for almost three years now with CAMHS.
5 I have been diagnosed with complex PTSD and anxiety and
6 panic attacks. I'm getting better, but will never be
7 the same again.

8 My family and my life has been shattered by our
9 encounter with all of this and we want justice for both
10 myself, my son and Ellise, but also for every person
11 whose life has been destroyed by Essex mental health
12 services and the social care system. Thank you.

13 MR GRIFFIN: Can you put up the further photograph, please?

14 (Image shown)

15 THE CHAIR: Ms Ray, thank you very much indeed for that very
16 affecting statement. Thank you.

17 MS RAY: Thank you.

18 MR GRIFFIN: Chair, it will take just a moment to re-arrange
19 things before we have our next account. (Pause)

20 Chair, we're next hearing the commemorative account
21 of Jamie Peatling. It is provided on behalf of the
22 family of Jack Peatling and indeed it is about Jack,
23 Jamie's son. It's being read by the legal
24 representative, Christina Jose, and Jamie sits next to
25 her. Can we put up the photo? Thank you.

1 MS JOSE: Afternoon, Chair.

2 Statement of JAMIE PEATLING (read)

3 MS JOSE: Commemorative account of Jamie Peatling and
4 family, regarding Jack Peatling, date of birth,
5 12 December 2002; date of death, 5 June 2023.

6 "Jack was a sensitive baby and he loved to be close
7 to his mum and dad. He loved being at home and playing
8 in the garden on his swing or in the river.

9 "Jack loved playgrounds and fairgrounds from an
10 early age and would go on to the fastest rides; he was
11 always desperate to be taller so that height
12 restrictions would not impact on his enjoyment and his
13 access to the adrenalin rush rides.

14 "Jack did not enjoy school and struggled more after
15 transition to secondary school. He was bullied a great
16 deal, which caused significant anxiety for him and
17 triggered his asthma on many occasions. Despite this,
18 he had some very good friends, and those friends still
19 talk about Jack and his antics in school and out of
20 school.

21 "Jack's friends were loyal, and they genuinely cared
22 about each other. Those friends supported him through
23 his darkest times and would not allow him to reject
24 them.

25 "Jack's sister was also a significant support to him

1 and even when he was not at all communicative, she would
2 visit and sit with him and be with him. That was
3 important to Jack.

4 "Jack had little confidence in himself and his
5 abilities and was genuinely surprised to have passed his
6 GCSEs (as were his teachers) ...

7 "Jack loved computers and how they worked and went
8 to college to learn more, however COVID struck, and as
9 he was not an independent learner he did not engage with
10 the course. During that time, he began to excel in
11 computer games and loved Beat Saber, especially the
12 competitions.

13 "Jack had a magnificent brain and was articulate and
14 funny. He was intentionally annoying and mischievous
15 and had an angelic look that allowed him to get away
16 with anything. He loved scuba diving and sailing with
17 his dad and one of his happy places was being alone on
18 the road with his motorbike.

19 "Jack loved animals, especially cats, and most
20 specifically, his cat George. George would follow Jack
21 when walking in the village, and Jack would say that it
22 was George that kept him alive. Whenever Jack went out
23 with his friends, he would have cat treats in his
24 pockets in case there was a cat that would like them and
25 that he could pet. He was a sensitive soul who took the

1 world so seriously. He could not understand the
2 inequality of opportunity and the focus on wealth and
3 greed, which created inequality, marginalisation, and
4 discrimination. He did not want to be part of a world
5 that put wealth before humans and quality of life
6 for all."

7 Moving on now to the impact on the family:

8 "Jack was waiting for a hospital bed. Whilst he was
9 at home, he was anxious about his liberty being removed
10 when admitted, and even more worried that he may never
11 get out of hospital because he felt so strongly that
12 this world was not for him and that he wanted to take
13 his life. He was extremely vulnerable.

14 "On the day Jack died, his friends visited him and
15 his sister spent the afternoon with us. The day was
16 good, and Jack was smiling and laughing with his sister,
17 his friends and his mum. Jack loved a Chinese takeaway
18 and after Jack's friends had left, we decided to order
19 some Chinese food. However, Jack's sister and his mum
20 started to talk about Jack always having a knife with
21 him, especially when he was so vulnerable, and he did
22 not like this conversation and so he went to his room.
23 This is something that Jack often did because his room
24 was a safe place for him. Jack put a crutch under the
25 door handle to stop us going in, but he talked with us

1 at the door. He would not come out when the food came
2 and when his sister was leaving, he said that he did not
3 want to open the door but said that he loved her. After
4 his sister left, his mum went to talk to him and he
5 chatted but said that he did not want her to go into his
6 room, and that he did not want a cuddle. His mum was
7 used to ... this and so left him after saying that she
8 loved him and that she did want a cuddle. Jack said
9 that he loved her too.

10 "His mum was downstairs listening to an audible book
11 when she heard Jack shout out. Mum was used to Jack
12 shouting and banging because sometimes he could get
13 angry and punch walls or break things. At those times
14 he was best being left alone for a while to calm
15 down. In that moment his mum had behaved as she would
16 usually, and now she's left with so much guilt for not
17 responding.

18 "His mum went upstairs about five minutes after she
19 heard Jack shout and bang, and saw that his door was
20 open. Mum peeked through the door and saw that Jack's
21 bed was empty and she thought he was probably in her bed
22 because he came to sleep next to her on her bed when his
23 anxiety overwhelmed him. Mum pushed the door a little
24 wider and felt something resisting so checked around it
25 and saw Jack hanging.

1 "Mum called 999 and starting CPR. Mum knew what to
2 do as almost a year before she had found Jack in
3 cardiac arrest and had done CPR. This time it was so
4 much harder because his face was so blotched because
5 of the hanging and he was so grey. She did CPR until
6 the police came and then the ambulance and the air
7 ambulance.

8 "Some of the police responders were those that had
9 attended the year before and they said that Jack's heart
10 had started more quickly than last time ... so he would
11 be okay. Jack was stabilised and taken to Ipswich
12 hospital by air ambulance. Jack's mum and her friend
13 were taken to the hospital by the police.

14 "When they arrived at the hospital the air ambulance
15 doctor spoke with them and said that Jack's pupils were
16 fixed and dilated and not responding to light. He said
17 that Jack's heart was beating and bloods normal because
18 of the medical intervention. Jack however was not
19 breathing ... at all. The doctor said that he needed
20 a brain scan to see the level of damage. The doctor
21 asked his mum if she understood what he said and his mum
22 said yes. He said that it was likely that Jack's brain
23 stem was dead and that Jack was brain dead and would
24 likely not survive but needed this confirmed by the
25 scan. His mum called me and I went to the hospital.

1 During the drive, the brain scan results came, and I was
2 told over the phone whilst his mum was with the doctor
3 that Jack was brain dead and his life support would be
4 turned off.

5 "When I got to the hospital, we stayed with Jack
6 until his breathing and heart stopped. We watched our
7 baby die and turn blue. Our baby, who desperately
8 wanted help but had lost hope in obtaining this and was
9 fearful of any alternative.

10 "Jack had so much to offer this world, and he had
11 died.

12 "We do not have the words to describe the loss of
13 Jack on our family.

14 "Jack completed our world and built on that. He was
15 the most beautiful soul and yet so troubled. The gap
16 and grief and guilt that we feel as a family is
17 indescribable. He was our world and without him the sun
18 has gone down and our hearts are broken. We are left
19 feeling as though we were responsible for not fighting
20 harder for him to get the support he needed and wanted.

21 "He was so brave.

22 "The words we read at Jack's funeral and the impact
23 on us.

24 "'We did not know that there was a gap in our life
25 until you were born, and you filled it.

1 "'You filled it with your love, your light and your
2 joy.
3 "'You filled it with your innocence and curiosity.
4 "'You filled it with your laughter, your humour and
5 your intelligence.
6 "'You filled it with your kindness, your
7 thoughtfulness and your compassion.
8 "'You did not have an easy life, and, despite that,
9 we watched you courageously and fiercely battle your way
10 in this world, whilst we wrapped you with love, care,
11 and protection.
12 "'We could not be prouder of you Jack Peatling. You
13 were perfect and we are better people for having
14 had the privilege of loving you, and being loved by you,
15 for more than 20 years.'
16 "Alfred Lord Tennyson wrote:
17 "'T'is better to have loved and lost.
18 "'Than never to have loved at all.'
19 "And that is true for us. We've been blessed to
20 have had such a beautiful, intelligent, sensitive and
21 mischievously funny soul in our lives, and our world
22 would not have been so bright without you.
23 "We will miss you, Jack Peatling.
24 "We will miss your magnificent mind, and your big
25 blue eyes that sparkled like stars and sunshine with

1 love, life and laughter.

2 "We will miss your cheeky grin.

3 "We will miss holding you close and talking with
4 you.

5 "We will miss your presence.

6 "We will miss everything about you.

7 "We will never forget you and we will always love
8 you.

9 "Be as mischievous and inquisitive now as you were
10 in life.

11 "Be free and happy and be at peace.

12 "Our hearts are broken.

13 "So much was wrong with Jack's care throughout his
14 dealings with the mental health teams, but we thought
15 a corner had been turned when we were told he needed to
16 be admitted immediately, and Jack agreed. At last,
17 there was hope that he might get the help he needed
18 before he killed himself. The following days, with
19 daily visits, were unbearable. Every day, Jack became
20 more anxious, every day Jack would say that he was
21 struggling more with increased anxiety, every day Jack
22 would say that he would likely kill himself, and every
23 day being told that there was no bed available.

24 "We were told that Jack was high priority, and
25 despite this high priority, nothing changed. The mental

1 health team agreed he needed to be admitted immediately,
2 noting that his impulsive behaviour increased his
3 risk, but there were no beds, and he was not admitted.
4 When we asked for ... help in the interim we were told
5 whilst he was waiting for a bed, he could not access
6 other services, and that there was a waiting list for
7 psychological assessments within the community.

8 "We want to know why he wasn't allocated a bed.
9 Were there no other beds anywhere ... in the area or
10 another area? Were others prioritised over Jack because
11 Jack was at home, or was the prioritisation because
12 others were more at risk? How did the Mental Health
13 Services prioritise the allocation of this resource?"

14 MR GRIFFIN: Thank you. Can you put up the photographs,
15 please?

16 (Images shown)

17 That is the final photograph.

18 THE CHAIR: Mr Peatling, thank you very much to you and to
19 all your family for that very touching tribute to your
20 son, Jack.

21 MR PEATLING: Thank you.

22 MR GRIFFIN: Chair, that is the last account today and
23 indeed for this week, so we reconvene on Monday at
24 10 o'clock.

25 THE CHAIR: Thank you, and as we've finished for the day,

1 I just want to reiterate my thanks to everybody who has
2 contributed these extremely moving tributes and
3 commemorative statements about their family members.
4 They are of course essential to our understanding of the
5 work that we're doing and we are very, very grateful for
6 them. Thank you.

7 (3.14 pm)

8 (The hearing adjourned until
9 Monday, 23 September 2024 at 10.00 am)

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