

Commemorative For Susan Spring from – Core Participant Emma Cracknell

Dated: 23.10.204

My Mum, Susan Spring was a confident, caring and loving person. The reason I use confident to describe my Mum is due to her amazing courage that she had at such a young age of 18 to leave a loving family in Gloucestershire where she was born, to follow in her grandfather's footsteps and join the metropolitan police force, she left home to attend Hendon to train to be a WPC and patrol the streets of London. I am ever so proud of her and to have been able to say that she was my Mum. As her only child and daughter. Our relationship was like no other. Which is why I feel so letdown by the services that supported my Mum, as I was asking for help and no one was listening. My Mum was so strong and only in those last days I knew what mental health was and how badly it can affect somebody, as my Mum was no longer my Mum but an anxious, concerned person who was not getting the care she needed. The closest people near to her were not supported and their views were not recorded. I feel that my Mum required sectioning after her first attempt, which was in its very own act was more than a cry for help. My question has always been what more did she need to do to have been sectioned? When does the decision get taken from a person that so obviously is unable to keep themselves safe at that moment in time? What more would she needed to have done? The first attempt was so severe, how was it not enough to have required sectioning and an assessment from a trained psychiatrist? But deemed fit to return home to a partner that had not been assessed and a daughter that had not been spoken to. Sadly, I am left with lots of unanswered questions regarding the care my Mum was not given and hope that this inquiry improves the service that loved ones rely on so much when in crisis.





