

	First 7 days	Initial 1/3 of treatment	Middle 1/3 treatment	Last 1/3 treatment	Discharge
MDT Tasks	<ol style="list-style-type: none"> Care Notes admission assessment completed within 72 hours. Care plans to be completed within 24 hours. Dietitian assessment . Agree goals for admission and target weight. Initial meeting with the care team within seven days. Community team to be invited. Medical Stabilisation, initial meal planning. 	<p>Work with Dietitian Goal setting and starting 5-6 hrs a day meaningful therapeutic activity which include groups post meal supervision and self-directed activity Saturday and Sunday - organised activities</p> <p>Practical meal support, around managing and tolerating anxieties about meals and weight restoration. Encourage to join low intensity groups.</p>	<p>Continue Tailored therapy programme comprising 3-4 groups a day Home passes/Leave Family meetings – as required.</p>	<p>Continue with home leave Thinking about future plans Building a new life</p>	<p>Discharge Planning Liaising with Home Teams Aftercare arrangements</p>
Therapy programme	<p>Begin psychological assessment</p> <p>Introduce to Therapy team Explain/introduce to groups</p>	<p>Nursing Key worker session 1 x weekly and individual therapy session 1 x weekly, personal therapy plan</p> <p>Attendance at a range of groups.</p> <p>Post Meal Groups</p> <p>Occupational therapy /Occupational Therapy Assistant/ Dietitian Groups</p> <p>Family support/Joint family meetings.</p> <p>Self-directed activity, Weekly Community Meetings.</p>			Relapse Prevention Recovery Plan