

INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)

Raters Name:

Date:

<i>Based on an interview with the patient's caregiver, select one statement in each category that best applies to the patient's behaviour within the past week and write the number of that statement in the space at the right.</i>	<i>Rating</i>
A. Ability to use telephone 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Operates telephone on own initiative – looks up and dials numbers etc. 2 = dials a few well known numbers. 3 = Answers telephone but does not dial. 4 = Does not use telephone at all.	
B. Shopping 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Takes care of all shopping needs independently. 2 = Shops independently for small purchases. 3 = Needs to be accompanied on any shopping trip. 4 = Completely unable to shop.	
C. Food preparation 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Plans, prepares and serves adequate meals independently. 2 = Prepares adequate meals if supplied with ingredients. 3 = Heats and serves prepared meals but does not maintain adequate diet. 4 = Needs to have meals prepared and served.	
D. Housekeeping 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Maintains house alone or with occasional assistance(e.g. 'heavy work – domestic help') 2 = Performs light daily tasks such as dishwashing and bedmaking. 3 = Performs light daily tasks but cannot maintain acceptable levels of cleanliness. 4 = Needs help with all home maintenance tasks. 5 = Does not participate in any housecleaning tasks.	
E. Laundry 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Does personal laundry completely. 2 = Launders small items-rinses socks, stockings etc. 3 = All laundry must be done by others.	
F. Mode of transportation 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Travels independently on public transportation or drives own car. 2 = Arranges own travel via taxi, but does not otherwise use public transportation. 3 = Travels on public transportation when assisted or accompanied by another. 4 = Travel limited to taxi or automobile with another. 5 = Does not travel at all.	
G. Responsibility for own medications 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Is responsible for taking medication in correct dosages at correct time. 2 = Takes responsibility if medication is prepared in advance in separate dosages. 3 = No longer dispenses own medication.	
H. Ability to handle finances 0 = Not applicable. Patient did not perform this task prior to dementia 1 = Manages financial matters independently (budgets, writes checks, pays rent, goes to bank), collects and keeps track of income. 2 = Manages day-to-day purchases but needs help with banking, major purchases etc. 3 = No longer handles money.	