

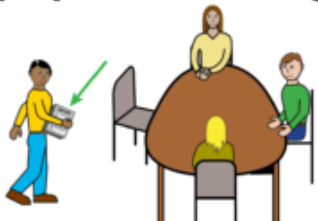








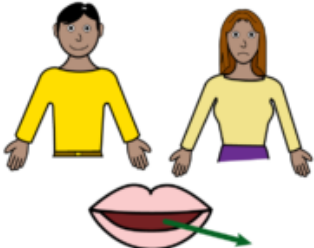





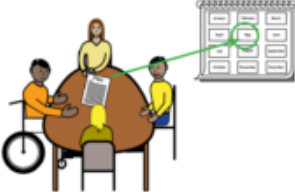
What to expect at a CPA Meeting

- A CPA Meeting is a time to talk about your care and what the care plan is for you. It helps all the services caring for you to work together.

<p>care programme approach</p> 	<p>C.P.A Stands for 'Care Programme Approach' It is how services work together to help you.</p>
<p>review of your care plan</p> 	<p>CPA Meetings are to discuss your care.</p>
<p>prepare for meeting</p> 	<p>You will have time to plan what you want to say before the meeting.</p>
<p>i advocate</p> 	<p>You will have time to speak to the advocate before the meeting.</p>

<p>ask you what you think</p> 	<p>The advocate's job is to listen to you and make sure to pass on your views.</p>
<p>carer</p> 	<p>Your parent or carer will be invited to the meeting.</p>
<p>multi-disciplinary team</p>  <p>MDT</p>	<p>The professionals involved in your care will also be at the meeting.</p>
	<p>We will listen to your views.</p>
<p>any questions</p> 	<p>If you do not understand something. Ask us to explain it.</p>

<p>decision making</p> 	<p>In the meeting we will decide what the plan is for your care.</p>
<p>I do understand</p> 	<p>At the end of the meeting you will know what the plan is.</p> <p>The plan may be to stay in hospital a bit longer.</p> <p>The plan may be to try spending more time at home and begin to get ready to leave hospital.</p>
<p>comments</p> 	<p>You can share your thoughts and feelings about the plan.</p>
<p>report</p> 	<p>We will write down what is said in the meeting.</p>
<p>giving out your care plan</p> 	<p>The plan will be shared with you and those involved in your care.</p>

<p>achieve goals</p> 	<p>We will make sure what was agreed in the meeting happens.</p>
<p>review date</p> 	<p>We will make a date and time for the next CPA meeting.</p>